

SUGGESTED USAGE: Take one tablet per day with or between meals.

Just one daily tablet to power every part of you

- Formulated with ready-to-absorb minerals
- Contributes to normal energy-yielding metabolism*
- With thiamin to support normal heart function*
- Supports healthy brain function*

**ACTUAL SIZE
TABLET**



vitamin angels®
PROUD SUPPORTER



Eco-Guard™ Packaging
Bottle made from 100% recycled material*
*excluding colorant

Contains NO: Wheat, milk, tree nuts, peanuts, soy, eggs, fish, or shellfish.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this product if you are pregnant, nursing, taking any medication or have a medical condition.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Temper Evident: Do not use if safety seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GLUTEN-FREE



NEW & IMPROVED!

**RAINBOW
LIGHT™**

**HIGH POTENCY
WOMEN'S ONE™
DAILY MULTIVITAMIN**



Promotes
Whole Body
Health*



Supports
Immune Health*



with Ashwagandha,
Lutein, and
Probiotics

90 VEGETARIAN TABLETS
MULTIVITAMIN SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 90

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as beta-carotene)	900 mcg 100%	Zinc (as zinc citrate)	11 mg 100%
Vitamin C (ascorbic acid)	90 mg 100%	Selenium (as selenium L-methionine complex)	55 mcg 100%
Vitamin D (as cholecalciferol)	50 mcg 250%	Copper (as copper chelate)	0.9 mg 100%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg 100%	Manganese (as manganese citrate)	2.3 mg 100%
Vitamin K (as phytylphosphonate)	120 mcg 100%	Molybdenum (as molybdenum glycinate chelate)	45 mcg 100%
Thiamin (as thiamin mononitrate)	6 mg 500%	Organic Rainbow Superfoods Blend	80 mg †
Riboflavin (Vitamin B2)	5.6 mg 431%	Organic Spirulina, Organic Beet (root), Organic Broccoli (floret, stem), Organic Kale (leaf), Organic Spinach (leaf), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Carrot (root), Organic Cranberry (fruit)	
Niacin (as niacinamide)	20 mg 125%	Women's Botanical Blend	86 mg †
Vitamin B6 (as pyridoxine hydrochloride)	20 mg 1176%	Organic Pomegranate (fruit) Concentrate, Ashwagandha (root) Extract, Grape (pulp, seed, skin) Extract, Organic Chlorophyll, Lutein (from Aztec Marigold flower)	
Folate (as folic acid)	400 mcg DFE 100%	Ginger, Enzyme and Probiotic Blend	37 mg †
Vitamin B12 (as methylcobalamin)	10 mcg 417%	Ginger (root) Juice Extract, Bromelain (from pineapple stem), Papain (from papaya fruit latex), Bacillus coagulans MTCC 5856 (1 million CFU)	
Biotin	50 mcg 167%		
Pantothenic Acid (as calcium pantothenate)	13 mg 260%		
Choline (as choline bitartrate)	55 mg 10%		
Calcium (from mid algae (Lithothamnion sp.))	100 mg 8%		
Iron (as iron chelate)	6 mg 33%		
Iodine (from inactivated yeast (Saccharomyces cerevisiae))	150 mcg 100%		
Magnesium (as magnesium oxide from seawater)	50 mg 12%		

†Daily Value (DV) not established.



Distributed by Nutranext Business, LLC
Durham, NC 27701, USA, 800-571-4701
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Other ingredients: Microcrystalline cellulose, maltodextrin, coating (hydroxypropyl cellulose, hypromellose), croscarmellose sodium.

