Empower Your Performance*

Rainbow Light™ Men's Multivitamin for Performance Energy is a comprehensive supplement that delivers a system of nutrients in potencies that fortify your body. This high potency multivitamin supports cellular energy, muscle health and brain health.*

- . B vitamins to support brain health.
- · Supports muscle health with magnesium*
- · Antioxidant support from free radicals ·
- High potency source of vitamin D and B vitamins; good source of choline
- Antioxidant vitamins C. E and beta-carotene
- With American ginseng, eleuthero and spirulina
- High potency source of zinc, selenium, copper, manganese, chromium and iodine
- Includes a Performance Energy for Men Blend*
- . Formulated with an Enzyme and Probiotic Blend

SUGGESTED USAGE: Adults, take 4 tablets per day, with or between meals.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this product if you are taking any medication or have a medical condition. Niacin may cause a temporary flushing, itching or warming of the skin. Contains NO: Milk, tree nuts, peanuts, eggs, fish, or shellfish.

ACTUAL SIZE TABLET



Eco Guard Packaging Bottle made from 100% recycled material*

excluding colorant





Men's Multivitamin for Performance Energy*

High Potency Source of Vitamins C, D, E & B-Complex

Cellular Energy for Active Men*

Supports Muscle Health with an Excellent Source of Magnesium*

Vegetarian 90 Tablets | Dietary Supplement

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Serving Size 4 Tablets

Servings Per Container About 22		a/ DI
	er Serving	% DV
Vitamin A (as retinyl palmitate, 50% as beta-carotene)	1500 mcg	167%
Vitamin C (ascorbic acid)	250 mg	278%
Vitamin D (as cholecalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate)	20.1 mg	134%
Thiamin (as thiamin mononitrate)	27 mg	2250%
Riboflavin (vitamin B2)	30 mg	2308%
Niacin (as nicotinic acid, niacinamide)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride)	36 mg	
	7 mcg DFE g folic acid)	167%
Vitamin B12 (as cyanocobalamin)	120 mcg	5000%
Biotin	200 mcg	667%
Pantothenic Acid (as calcium pantothenate)	50 mg	1000%
Choline (as choline bitartrate)	100 mg	18%
Calcium (as calcium carbonate, calcium aspartate, calcium citrate)	100 mg	8%
lodine (from kelp)	150 mcg	100%
Magnesium (as magnesium oxide, magnesium aspartate)	100 mg	24%
Zinc (as zinc citrate)	15 mg	136%
Selenium (as selenium L-methionine complex)	200 mcg	364%
Copper (as copper glycinate)	1.5 mg	167%
Manganese (as manganese citrate)	3 mg	130%
Chromium (as chromium amino nicotinate)	200 mcg	571%
Performance Energy for Men Blend*	1.8 g	1
L-arginine, muira puama (woody part) extract, Asian ginseng American ginseng (root) extract, eleuthero (rhizome) extract, extract, ginkgo (leaf) extract, organic spirulina, ginger (rhizome)	, saw palmett	
Citrus (fruit) bioflavonoid extract	100 mg	+
Enzyme and Probiotic Blend	81 mg	1
Bromelain (28800 PU†), Bacillus coagulans MTCC 5856 (1 protease (6490 HUT†), amylase (2252 DU†), lipase (36 FIP		
Hesperidin	20 mg	1
Inositol	20 mg	1
Quercetin	10 mg	1
www.wami	.o mg	
Dutin	10 mm	4
Rutin Vanadium (as vanadium chelate)	10 mg 2 mg	1

†Daily Value (DV) not established