

SUGGESTED USAGE: Take one tablet per day with or between meals.

Just one daily tablet to power every part of you

- Formulated with ready-to-absorb minerals
- Supports normal energy-yielding metabolism*
- Supports immune cell functioning (with vitamins C, D, and zinc)*
- Supports brain health*

ACTUAL SIZE
TABLET



*Contains NO: wheat, milk, tree nuts, peanuts, soy, eggs, fish, or shellfish.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this product if you are taking any medication or have a medical condition.
Tamper Evident: Do not use if safety seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



NEW & IMPROVED!

**RAINBOW
LIGHT**

**HIGH POTENCY
MEN'S ONE[™]
DAILY MULTIVITAMIN**



Promotes
Whole Body
Health*



Supports
Heart Health*



with Ashwagandha,
Lycopene, and
Probiotics

150 VEGETARIAN TABLETS
MULTIVITAMIN SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 150

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as beta-carotene)	900 mcg 100%	Magnesium (as magnesium oxide from seawater)	50 mg 12%
Vitamin C (ascorbic acid)	90 mg 100%	Zinc (as zinc citrate)	11 mg 100%
Vitamin D (as cholecalciferol)	50 mcg 250%	Selenium (as selenium L-methionine complex)	55 mcg 100%
Vitamin E (as d-alpha-tocopheryl succinate)	15 mg 100%	Copper (as copper chelate)	0.9 mg 100%
Vitamin K (as phytyl succinate)	120 mcg 100%	Manganese (as manganese citrate)	2.3 mg 100%
Thiamin (as thiamin mononitrate)	6 mg 500%	Chromium (as chromium picolinate)	100 mcg 298%
Riboflavin (as riboflavin)	5 mg 385%	Molybdenum (as molybdenum glycinate chelate)	45 mcg 100%
Niacin (as niacinamide)	20 mg 125%	Organic Rainbow Superfoods Blend	80 mg †
Vitamin B6 (as pyridoxine hydrochloride)	20 mg 1176%	Organic Spirulina, Organic Beet (root), Organic Broccoli (floret, stem), Organic Kale (leaf), Organic Spinach (leaf), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Carrot (root), Organic Cranberry (fruit)	
Vitamin B12 (as methylcobalamin)	10 mcg 417%	Men's Botanical Blend	65 mg †
Biotin	50 mcg 167%	Ashwagandha (root) Extract, Organic Green Tea (leaf) Extract, Organic Chlorella, Lycopene (from tomato) (fruit)	
Pantoic Acid (as calcium pantothenate)	13 mg 260%	Ginger, Enzyme and Probiotic Blend	27 mg †
Calcium (as citrate biphosphate)	55 mg 10%	Ginger (root) Juice Extract, Bromelain (from pineapple stem), Papain (from papaya fruit latex), Bacillus coagulans MTCC 5856 (1 million CFU)	
Sodium (from sodium citrate)	25 mg 2%		
Vitamin B12 (from methylcobalamin sp.)	150 mcg 100%		
Vitamin B12 (from isolated yeast (Saccharomyces cerevisiae))			

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, maltodextrin, coating (hydroxypropyl cellulose, polyethylene glycol, croscarmellose sodium).



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