

SUGGESTED USAGE: Take one tablet per day with or between meals.

Just one daily tablet to power every part of you

- Formulated with ready-to-absorb minerals
- Supports normal energy-yielding metabolism*
- Supports immune cell functioning (with vitamins C, D, and zinc)*
- Supports brain health*

**ACTUAL SIZE
TABLET**



GLUTEN-FREE



Contains NO: Wheat, milk, tree nuts, peanuts, soy, eggs, fish, or shellfish.
KEEP OUT OF REACH OF CHILDREN:
Consult your physician prior to using this product if you are taking any medication or have a medical condition.

Tamper Evident: Do not use if safety seal is broken or missing.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

RAINBOW SUPERFOODS BLEND

**RAINBOW
LIGHT™**

**HIGH POTENCY
MEN'S ONE™
DAILY MULTIVITAMIN**



Promotes
Whole Body
Health*



Supports
Heart Health*



with Ashwagandha,
Lycopene, and
Probiotics



**60 VEGETARIAN TABLETS
MULTIVITAMIN SUPPLEMENT**

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

	Amount Per Serving	% DV		Amount Per Serving	% DV
Vitamin A (as beta-carotene)	900 mcg	100%	Selenium (as selenium L-methionine complex)	55 mcg	100%
Vitamin C (ascorbic acid)	90 mg	100%	Copper (as copper chelate)	0.9 mg	100%
Vitamin D (as cholecalciferol)	50 mcg	250%	Manganese (as manganese citrate)	2.3 mg	100%
Vitamin E (as d-alpha-tocopheryl succinate)	15 mg	100%	Chromium (as chromium picolinate)	100 mcg	200%
Vitamin K (as phytylphosphonate)	120 mcg	100%	Molybdenum (as molybdenum glycinate chelate)	45 mcg	100%
Thiamin (as thiamin mononitrate)	6 mg	500%	Organic Rainbow Superfoods Blend	80 mg	†
Riboflavin (vitamin B2)	5 mg	385%	Organic Spirulina, Organic Beet (root), Organic Broccoli (floret, stem), Organic Kale (leaf), Organic Spinach (leaf), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Carrot (root), Organic Cranberry (fruit)		
Niacin (as niacinamide)	20 mg	125%	Men's Botanical Blend	66 mg	†
Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1176%	Ashwagandha (root) Extract, Organic Green Tea (leaf) Extract, Organic Chlorella, Lycopene (from tomato (fruit))		
Folate (as folic acid) (240 mcg folic acid)	400 mcg DFE	100%	Ginger, Enzyme and Probiotic Blend	27 mg	†
Vitamin B12 (as methylcobalamin)	10 mcg	417%	Ginger (root) Juice Extract, Bromelain (from pineapple stem), Papain (from papaya fruit latex), Bacillus coagulans MTCC 5856 (1 million CFU)		
Biotin	50 mcg	167%			
Ascorbic Acid (as calcium ascorbate)	13 mg	260%			
Choline (as choline bitartrate)	55 mg	10%			
Calcium (from red algae (Lithothamnion sp.))	25 mg	2%			
Isolate (from inactivated yeast (Saccharomyces cerevisiae))	150 mcg	100%			
Magnesium (as magnesium oxide from seawater)	50 mg	12%			
Zinc (as zinc citrate)	11 mg	100%			

†Daily Value (DV) not established.

Distributed by Nutranext Business, LLC
Durham, NC 27701, USA, 800-571-4701

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Other ingredients: Microcrystalline cellulose, maltodextrin, coating (hydroxypropyl cellulose, hypromellose, croscarmellose sodium).