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Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, sodium, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 2 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

** **pTeroPure**™ is a trademark of ChromaDex, Inc.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

eZ Easy Swallow
Technology™

Formula #201344

Ultra Preventive® 2-A-Day

A Low Allergenicity
Dietary Supplement

DOUGLAS
LABORATORIES®

60 Tablets

Supplement Facts

Serving Size 2 Tablets • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (as natural beta-carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	120 mg 200%
Vitamin D-3	1,000 IU 250%
Vitamin E	100 IU 333%
(as d-alpha tocopheryl succinate)	
Thiamine (as Thiamine HCl)	25 mg 1,667%
Riboflavin (as Riboflavin-5-phosphate)	10 mg 588%
Niacin/Niacinamide	30 mg 150%
Vitamin B-6 (as Pyridoxal-5-phosphate)	10 mg 500%
Folate (as L-methylfolate, Metafolin®)	400 mcg 100%
Vitamin B-12 (as methylcobalamin)	250 mcg 4,167%
Biotin	300 mcg 100%
Pantothenic Acid	25 mg 250%
(d-calcium pantothenate)	
Calcium	50 mg 5%
(as Calcium Citrate/Malate Complex)	
Magnesium (as Magnesium Citrate)	25 mg 6%
Iodine (from kelp)	150 mcg 100%
Zinc (as Opti-Zinc, monomethionine)	15 mg 100%
Selenium (as amino acid chelate)	100 mcg 143%
Copper (as amino acid chelate)	1 mg 50%
Chromium (as amino acid chelate)	120 mcg 100%
Molybdenum (as amino acid chelate)	100 mcg 133%
Potassium (as Potassium Aspartate)	30 mg <2%

Other ingredients: Cellulose, stearic acid, silica, titanium dioxide, dextrose, magnesium silicate, glycerin, caramel color, natural vanilla flavor.

Amount Per Serving	%DV
Choline (as Choline Bitartrate)	60 mg *
Inositol	25 mg *
Lutein	3 mg *
Lycopene (natural)	3 mg *
Zeaxanthin	1 mg *
Astaxanthin	1 mg *
Pterostilbene (PteroPure™)**	10 mg *
Proprietary Blend	300 mg *
Wild Blueberry Extract (fruit, <i>Vaccinium angustifolium</i> , standardized to 4% polyphenols), Strawberry Extract (fruit, <i>Fragaria vesca</i> , standardized to 2% polyphenols), Spinach Extract (leaf, <i>Spinacia oleracea</i> , standardized to 1.5% polyphenols).	

*Daily Value not established