

This product has been developed to support healthy Skin, Hair and Nails. It contains a powerful and sophisticated combination of MSM and omega-3, omega-6 and omega-9 fatty acids, enforced with vitamins and minerals. The High Quality, Branded Ingredients guarantee maximal result.

DIRECTIONS FOR USE: Take 1 capsule twice daily, or as recommended. Best taken with meals. Do not exceed the recommended daily dosage.

Storage: Store in a dark, dry place at room temperature, out of reach of young children.

Food Supplement, containing MSM, Fatty Acids, Vitamins and Minerals. Food supplements should not be used as a substitute for a varied diet.

Lot Nr.:
Best End Before:



SKIN HAIR NAILS SUPPLEMENT

SUPPORTS HEALTHY
SKIN, HAIR AND NAILS

60 CAPSULES

TWO CAPSULES CONTAIN (Daily dosage):

Ahiflower® Oil (Buglossoides arvensis).....	300 mg	= %RI*
-Omega-3 Fatty Acids.....	>160 mg	(-)
- C18:3n-3 (ALA).....	>120 mg	(-)
- C18:3n-4 (SDA).....	>50 mg	(-)
-Omega-6 Fatty Acids.....	>40 mg	(-)
- C18:2n-6 (LA).....	>25 mg	(-)
- C18:3n-6 (GLA).....	>12 mg	(-)
-Omega-9 Fatty Acids.....	>50 mg	(-)
- C18:1n-9 (Oleic Acid).....	>17 mg	(-)
Methylsulfonylmethane (OptiMSM®).....	300 mg	(-)
Ocean Water Concentrate (Aquamin®).....	100 mg	(-)
Vitamin A (900 IU Retinolpalmitate).....	0,27 mg RE	(34)
Vitamin B1 (Thiamine mononitrate).....	1,1 mg	(100)
Vitamin B2 (Riboflavin).....	1,4 mg	(100)
Vitamin B3 (Nicotinamid).....	1,4 mg	(9)
Vitamin B5 (Calcium Pantothenate).....	1,4 mg	(23)
Vitamin B6 (Pyridoxin HCL).....	1,4 mg	(100)
Vitamin B12 (Hydroxycobalamin).....	0,2 mg	(800)
VitamineC (Ascorbic Acid).....	10 mg	(13)
Vitamin E (5,0 IU d-a Tocoferylacetate).....	5 mg	(42)
Zinc (as citrate).....	5 mg	(50)

*RDI = Reference Intake. Other Ingredients: Hydroxypropylmethylcellulose (vegetarian capsule), non-gmo corn starch.

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