NOTICE: Significant product settling may occur. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.



General Nutrition Corporation Pittsburgh, PA 15222 Sustamine™ is a trademark of

For More Information:

-888-462-2548

POST-WORKOUT Supplement SUPERIOR MUSCLE RECOVERY'

SERVING SUGGESTION



DIRECTIONS: As a dietary supplement, add one scoop (7.6 g) to your protein, amino or pre/post-workout supplement to instantly amplify your results. You may need to increase or decrease liquid to modify taste to your liking. You can mix with water or add to similarly flavored supplements. Supplement Facts Amount Per Serving L-Carnitine (as L-Carnitine Tartrate) Servings Per Container 24 ast-Acting Proprietary Blend **Amount Per Serving** % Daily Value (Chinese Skullcap Root Extract [Scutellaria baicalensis] Cutch Tree Bark Extract [Acacia catechul) Turmeric Boot Extract (Curcuma Ionga L.) Micro-Peptide Glutamine Complex Sicilian Blood Orange Fruit and Peel Extract L-Glutamine, Micronized L-Glutamin

Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established. OTHER INGREDIENTS: Natural and Artificial Flavors, Citric Acid, Malic Acid, Tartaric Acid, Sucralose, Acesulfame Potassium, FD&C Red #40. WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.