

This extraordinary formula contains magnesium from seawater concentrate, with magnesium in the correct proportion to the more than 70 other minerals and trace elements that are naturally present in seawater. This is important, because many minerals influence each other in terms of absorption and excretion. Both the magnesium and the other minerals in this natural formula form ions in the stomach, and as such are easily absorbed. This makes this formula superior to other magnesium-only formulas.

Recommended Dosage: Adults take 1-2 capsules daily, or as recommended. Best taken with meals. Do not exceed the recommended dosage. Suitable for Vegans.

Lot Nr.:
Best End Before:



MAGNESIUM COMPLEX

NUTRITION FROM THE SEA

60 CAPSULES

Each capsule (Daily Portion) contains:	%RI*
Magnesium.....200 mg	53
Other mineral/trace elements.....25 mg	-
* RI = EU Reference-Intake	

Ingredients: Ocean Water Concentrate, Hydroxypropylmethylcellulose (vegetarian capsule).

Food Supplement, containing minerals.
A food supplement should not be used as a substitute for a varied diet.

Storage: Store in a dark, dry place, out of reach of young children.

Producer: Kala Health BV - NL
Email: info@kalahealth.eu
Website: www.kalahealth.eu

