This extraordinary formula contains all more than 70 minerals and trace elements that occur in nature, extracted from seaweed and seawater. Minerals and trace elements are important supplements to our daily diet, and crucial for good health.

Recommended Dosage: Adults take 1capsule daily, or as recommended. For children: calculate according to body weight. Best taken with meals. Do not exceed the recommended dosage.

Storage: Store in a dark, dry place, out of reach of young children.

Food Supplement, containing minerals and trace elements. A food supplement should not be used as a substitute for a varied diet.

Lot Nr.:

Best End Before:



MAGNESIUM BISGLYCINATE

NUTRITION FROM THE SEA

60 CAPSULES

Each capsule (Daily Portion) contains:	
Mineral concentrate	600 mg
Magnesium	113 mg
Calcium	94 mg
Sodium	1,6 mg
Chloride	1,2 mg
Iron	0,5 mg
Manganese	0,2 mg
Phosphorus	0,2 mg
Potassium	0,1 mg
Boron	0,1 mg
Other mineral/trace elements.	26.8 mg

Ingredients: Algae concentrate, Ocean Water concentrate, Hydroxypropylmethylcellulose (vegetarian capsule).

Producer: Kala Health BV - NL Email: info@kalahealth.eu Website: www kalahealth eu

* RI = Reference-Intake

%RI*

11,8

