

This extraordinary formula contains magnesium and calcium from seawater concentrate and seaweed, with magnesium and calcium in the correct ratio. Both the magnesium and the calcium in this natural formula form ions in the stomach, and as such are easily absorbed. Magnesium and Calcium are important additions to our daily diet, and crucial for good health. In this formula they are supported by more than 70 other minerals and trace elements that are naturally present in seawater.

Recommended Dosage: Adults take 1-2 capsules daily, or as recommended. Best taken with meals. Do not exceed the recommended dosage. Suitable for Vegans.

Lot Nr.:
Best End Before:



MAGNESIUM & CALCIUM

NUTRITION FROM THE SEA

60 CAPSULES

Each capsule (Daily Portion) contains:	%RI*
Magnesium.....115 mg	30,8
Calcium.....95 mg	11,9
Other mineral/trace elements.....30 mg	-
* RI = Reference-Intake	

Ingredients: Algae concentrate, Ocean Water concentrate, Hydroxypropylmethylcellulose (vegetarian capsule).

Food Supplement, containing minerals..
A food supplement should not be used as a substitute for a varied diet.

Storage: Store in a dark, dry place, out of reach of young children.

Producer: Kala Health BV - NL

Email: info@kalahealth.eu

Website: www.kalahealth.eu

