

DIRECTIONS: As a dietary supplement, add one scoop (6.3 g) to your protein, amino or pre/post-workout supplement to instantly amplify your results. You may need to increase or decrease liquid to modify taste to your liking. You can mix with water and consume; however, this product tastes best when mixed with other flavored supplements.

Supplement Facts		Amount Per Serving	% Daily Value
Serving Size One Scoop (6.3 g)			
Servings Per Container 24			
Amount Per Serving			% Daily Value
Micro-Peptide Glutamine Complex		5 g	*
L-Glutamine, Micronized L-Glutamine, Sustamine™ (as L-Alanyl-L-Glutamine)			
Recovery Charger			
L-Carnitine (as L-Carnitine Tartrate)		500 mg	*
Fast-Acting Proprietary Blend		62.5 mg	*
(Chinese Skullcap Root Extract [<i>Scutellaria baicalensis</i>], Cutch Tree Bark Extract [<i>Acacia catechu</i>])			
Turmeric Root Extract (<i>Curcuma longa</i> L.) (root)(standardized for 95% curcuminoids)		50 mg	*
Sicilian Blood Orange Fruit & Peel Extract (<i>Citrus sinensis</i>)		50 mg	*
		* Daily Value not established.	

OTHER INGREDIENTS: None.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOTICE: Significant product settling may occur. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.



For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

Sustamine™ is a trademark of
Kyowa Hakko Bio Co., Ltd.

*Product was tested for over 145 banned substances on the 2013 World Anti-Doping Agency (WADA) Prohibited List via HFL skip lot testing protocol #ICP0307. See gnc.com for more information.

POST-WORKOUT
Supplement



SUPERIOR
MUSCLE
RECOVERY*

SERVING SUGGESTION

GNC
ACCELERATOR™
GLUTAMINE
+ MAXIMIZE Recovery with
5g Micro-Peptide Glutamine
Complex*
+ ENHANCE Joint Function & Protect
Muscle Cells*



**SUPPLEMENT
SUPERCHARGER**

DIETARY SUPPLEMENT
Net Wt 5.3 oz (151 g)

MILD FLAVOR
NATURALLY FLAVORED