

PLANETARY[™]

HERBALS

TRUE TO NATURE[™] C

VITAMIN C AS NATURE PROVIDES*
500 MG • 240 TABLETS

HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 120

	Amount Per Serving	%DV*
Total Carbohydrates	1 g	<2%
Vitamin C (as ascorbic acid, acerola fruit, and camu-camu fruit)	1,000 mg	1,670%
Copper (as copper sebacate)	560 mcg	30%
Proprietary Blend:	1.96 g	†
Ascorbic Acid, Acerola Fruit, Camu-Camu Fruit, Amla Fruit, Cabbage Floret and Stem, European Elder Berry, Parsley Leaf, Cranberry Fruit Extract (90% solids), Rosehips Fruit, Grape Seed Extract (Proanthodyn [™]), Lecithin, Citrus Bioflavonoids, Hesperidin, Rutin, <i>Agaricus blazei</i> Mycelia Biomass, Bilberry Fruit Extract (25% anthocyanidins), and Copper Sebacate.		

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: silicified microcrystalline cellulose, colloidal silicon dioxide, modified cellulose gum, and stearic acid.

Contains wheat/gluten and soy.

Suggested Use: 2 tablets twice daily.

Planetary Herbals **TRUE TO NATURE C[™]** is vitamin C as nature intended. Much more than ascorbic acid alone, **TRUE TO NATURE C** contains ascorbic acid with the primary bioflavonoids and added nutritional co-factors found in the naturally occurring vitamin C complex from plant sources that are essential for a complete spectrum of vitamin C activity.*

CAUTION: If you are pregnant, may become pregnant, breastfeeding, or taking any prescription drug, consult your health care professional before using this product.

STORE IN A COOL DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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