

Each capsule contains 50 mg stabilized oil, extracted from the New Zealand green lipped mussel *Perna canaliculus*. Green-lipped mussel oil contains an unique mixture of furan fatty acids and omega-3 fatty acids that makes the oil much more effective than other oils, including fish oil.

Recommended dose: During the first 4-6 weeks take 2 capsules twice daily, then 1 capsule twice daily or as recommended. For children adapt dosage according to body weight. Best taken with a meal. Do not exceed the recommended daily dosage.

Storage: Store in a dark, dry place at room temperature, out of reach of small children.

Food supplement, containing fatty acids. A food supplement should not be used as a substitute for a varied diet.

Allergy Information: May contain traces of shell fish proteins

Charge Nr:

Best Before End:



GREEN LIPPED MUSSEL OIL

ASPITOL®

180 CAPSULES

Two capsules contain (Daily Dose:)

	%RI
Green Lipped Mussel Oil (GlycOmega®)...	100 mg -
Olive Oil.....	200 mg -
Total Omega-3.....	30 mg -
- C20:5n-3 (EPA).....	15 mg
- C22:6n-3 (DHA).....	12 mg
- C20:4n-3 (Newly discovered)....	0,8 mg
Furan Fatty Acids.....	0,4 mg -
Total Omega-6.....	10 mg -
- C18:2n-6 (LA).....	10 mg
Total Omega-9.....	130 mg -
- C18:1n-9 (OA).....	130 mg

Ingredients: Olive Oil, Green Lipped Mussel Oil (*Perna canaliculus*), Gelling agent (Bovine Gelatine, Water), Emulsifier (Glycerol), Antioxidants (Rosemary Extract, vitamin E, vitamin C).

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