

Kala Health Coenzyme Q10 capsules contain a mixture of vegetable oil and Coenzyme Q10, which ensures that Coenzyme remains in solution in the capsule and does not crystallize. As a result, both the absorption and the bioavailability are greatly increased. Each capsule contains 100 mg of Coenzyme Q10 as Ubiquinone, a substance essential for energy production in the cell. Ubiquinone is the most researched and most stable form of Coenzyme Q10.

Recommended Dose: One capsule per day with a meal, or as recommended. Best taken with a meal. Do not exceed the recommended daily dosage.

Lot Nr.:

Best Before End:



CO-ENZYME Q10

100 MG

60 CAPSULES

Each softgel contains (Daily Dosage):

Co-enzyme Q10.....100 mg

%RI *

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*%RI = Reference Intake

Ingredients: Filler (non-GMO soybean oil), gelling agent (gelatin), Coenzyme Q10, humectant (glycerin, water), beeswax, colorant (iron oxide)

Free of: Yeast, sugar, starch, gluten, artificial colors, flavors or preservatives.

Storage: Store in a dark, dry place at room temperature, out of reach of young children.

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