

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 3 vegetarian capsules daily with food or as directed by your healthcare professional

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #201515



ThyroLife® Optima

A Dietary Supplement



90 Vegetarian Capsules

Supplement Facts

Serving Size 3 Vegetarian Capsules • Serving Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as natural beta-carotene).....	2,500 IU 50%	Chromium.....	100 mcg 83%
Vitamin C.....	500 mg 833%	(as Chromium Chelate)	
(as ascorbic acid and magnesium ascorbate)		Molybdenum (Krebs†).....	40 mcg 80%
Vitamin D-3 (as cholecalciferol).....	1,000 IU 250%		
Vitamin E.....	200 IU 667%	L-Taurine.....	100 mg *
(as d-alpha tocopheryl succinate		Spirulina.....	100 mg *
with mixed tocopherols)		Rhodiola rosea Extract.....	75 mg *
Thiamine (as Thiamine HCl).....	25 mg 1,667%	(root, 1% Rosavins)	
Riboflavin.....	25 mg 1,471%	Quercetin.....	50 mg *
Niacin (as Niacin and Niacinamide).....	15 mg 75%	Panax ginseng.....	40 mg *
Vitamin B-6 (as Pyridoxine HCl).....	100 mg 5,000%	(Korean Ginseng, root)	
Folate (as L-methylfolate, Metafolin®).....	400 mcg 100%	L-Glutathione.....	40 mg *
Vitamin B-12 (methylcobalamin).....	75 mcg 1,250%	Alpha-Lipoic Acid.....	40 mg *
Biotin.....	250 mcg 83%	Inositol.....	40 mg *
Pantothenic Acid.....	40 mg 400%	PABA.....	20 mg *
(Vitamin B-5, as d-calcium pantothenate)		L-Glutamic Acid.....	15 mg *
Iodine (Kelp).....	120 mcg 80%	Lycopene.....	2 mg *
Magnesium.....	200 mg 50%	Vanadium (as Vanadium Krebs†).....	25 mcg *
(as Magnesium Oxide and		Lactobacillus acidophilus.....	1 Billion CFU *
Magnesium Ascorbate)			
Zinc (as Zinc Citrate).....	15 mg 100%		
Selenium (as Selenium Krebs†).....	100 mcg 143%		
Copper (as Copper Chelate).....	200 mcg 10%		
Manganese (as Manganese Sulfate).....	1.5 mg 75%		

*Daily Values not established.