

Best Red Yeast Rice contains rice that has been naturally fermented with red yeast (*Monascus purpureus*) according to traditional methods. Produced domestically, this product is similar to red yeast rice that has been used in culinary applications in Asia since at least 800 A.D. It is considered beneficial for adult men and women when taken as part of a lifestyle program that includes regular exercise and a healthy diet.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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**Doctor's
BEST**®

**Science-Based
Nutrition™**

**Dietary
Supplement**

Best, Inc.
Doctor's Best, Inc.
**Red Yeast
Rice 1200**

**BENEFITS ADULT MEN & WOMEN AS
PART OF A HEALTHY LIFESTYLE PLAN***

1200 mg / 60 Tablets

Supplement Facts

Serving Size 1 tablet
Servings per container 60 servings

	Amount per serving	% Daily Value
Red Yeast Rice	1200 mg	†

† Daily Value not established.

Other ingredients: cellulose, soy grits, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate (vegetable source).

Suggested Use: Take 1 tablet daily, with or without food. Do not take more than 2 tablets in a 24-hour period.

Do not use this product if you are pregnant; can become pregnant; if you are under age 20; have liver disease; consume more than two alcoholic drinks per day; are allergic to soy or rice; have had major surgery or organ transplant surgery within the past six weeks. Discontinue use immediately if muscle pain and tenderness or flu-like symptoms occur. If you are taking prescription medications, consult a physician before taking this product.

Suitable for vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS