

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 90

	Amount Per Serving	%Daily Value for Children 2-4 Years of Age	%Daily Value for Adults and Children 4 or more Years of Age
Calories	15		
Total Carbohydrate	4 g	**	1%*
Sugars	2 g	**	**
Vitamin A (as Retinyl Palmitate)	1,500 IU	60%	30%
Vitamin C (as Ascorbic Acid)	15 mg	38%	25%
Vitamin D (as Cholecalciferol)	200 IU	50%	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	150%	50%
Vitamin B-6 (as Pyridoxine Hydrochloride)	0.5 mg	71%	25%
Folic Acid	200 mcg	100%	50%
Vitamin B-12 (as Cyanocobalamin)	3 mcg	100%	50%
Biotin	45 mcg	30%	15%
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg	50%	25%
Calcium (as Dicalcium Phosphate)	3 mg	<1%	<1%
Iodine (as Potassium Iodide)	30 mcg	43%	20%
Magnesium (as Magnesium Citrate)	2 mg	1%	1%
Zinc (as Zinc Citrate)	2 mg	25%	13%
Sodium	10 mg	**	<1%
Inositol	10 mcg	**	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Pectin, Citric Acid, Fumaric Acid, Natural Flavors, Purple Berry Color Concentrate (Maqui Berry Juice Concentrate, Sugar), Black Carrot Concentrate (Color), Annatto (Color).

DIRECTIONS: FOR ADULTS AND CHILDREN 2 YEARS OF AGE AND OVER, CHEW TWO (2) GUMMY SUPER HEROES™ PER DAY. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **THIS PRODUCT IS INTENDED FOR USE BY CHILDREN UNDER ADULT SUPERVISION.**

KEEP OUT OF REACH OF CHILDREN.

STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.
TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Call toll free 1-888-VITAHELP (848-2435)
with questions or comments, Mon.-Fri., 9am-5pm EST.

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**THE AMAZING
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*Children's Multiple Vitamin
and Mineral Supplement*

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