

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WOMEN'S DAILY HEALTH

HIGHLY NUTRITIOUS AND ANTIOXIDANT

ULTRA POTENCY

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetarian capsule twice daily, preferably with a meal.

KEEP OUT OF REACH OF CHILDREN. NOT RECOMMENDED FOR PREGNANT OR LACTATING WOMEN. STORE TIGHTLY CLOSED IN A DRY PLACE AT CONTROLLED ROOM TEMPERATURE OF 59° - 86° F.



ZERO GLUTEN, SOY, EGGS, DAIRY, NUTS
PRESERVATIVES OR ANIMAL PRODUCTS



DISTRIBUTED BY:
X Gold Health LLC
Miami FL 33141
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WOMEN'S MULTIVITAMIN

WHOLE FOOD

Vitamins, Minerals, Organic & Natural
Blend For Daily Support*



Complete Nutritional Supplement

Dietary Supplement

90 Veggie
Capsules

Supplement Facts

Serving Size: 2 (Two) Veggie Capsules

Servings Per Container: 45

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A (As Beta-Carotene)	5,000 IU	100%	Calcium Carbonate	162.19 mg	16.21%
Vitamin C (As Ascorbic Acid)	100 mg	166.66%	Iron	8 mg	44%
Vitamin D (As Cholecalciferol)	400 IU	100%	Phosphorus	109 mg	10.9%
Vitamin E (As Alpha Tocopheryl)	30 IU	100%	Iodine	0.15 mg	100%
Vitamin K	0.025 mg	31.25%	Magnesium Oxide	100 mg	25%
Vitamin B1 (As Thiamine)	1.5 mg	100%	Zinc	15 mg	100%
Vitamin B2 (As Riboflavin)	1.7 mg	100%	Selenium	50 mcg	71.42%
Vitamin B3 (As Niacinamide)	20 mg	100%	Copper	2 mg	100%
Vitamin B6 (As Pyridoxine)	2 mg	100%	Manganese	2.5 mg	125%
Vitamin B9 (As Folic Acid)	400 mcg	100%	Chromium	60 mcg	50%
Vitamin B12 (As Cyanocobalamin)	12 mcg	200%	Molybdenum	0.025 mg	33.3%
Vitamin B5 (As Pantothenic Acid)	10 mg	100%	Potassium	40 mg	1.14%
Biotin (As Vitamin B7)	300mcg	100%	Boron	0.15 mg	**
			Ginkgo Biloba	25 mg	**
			Organic and Natural Blend	120 mg	**
			Organic Cranberry (Fruit), Organic Kale (Leaf), Organic Ginger (Root), Organic Turmeric (Root), Organic Maca (Root), Organic Blueberry (Fruit), Choline (Natural), Inositol (Natural).		

* Daily Value (DV) not established

Other Ingredients: Vegetable Magnesium Stearate, Vegetable Cellulose Capsule.

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