

EVERYDAY UPLIFT

Our powerful formula was carefully blended to bring homeostasis to the body & mind.*

SUGGESTED USE

As a dietary supplement for adults, take 2 capsules daily with food, or as directed by your healthcare professional.

CAUTION

Pregnant or nursing mothers, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To learn more about X Gold Health® Ashwagandha Maca and our other amazing products visit us at xgoldhealth.com



DISTRIBUTED BY:
XGOLD HEALTH LLC
MIAMI FL 33141
www.xgoldhealth.com



ASHWAGANDHA MACA

RHODIOLA ROSEA + L-THEANINE
WITH BLACK PEPPER EXTRACT

**BLACK + RED + YELLOW
MACA 4000 MG** | **ASHWAGANDHA
5000 MG**

ULTRA CONCENTRATED



**SUPPORTS ENERGY
& STAMINA***



**SUPPORTS MOOD
& STRESS***



**SUPPORTS IMMUNE
SYSTEM HEALTH***

120
VEGGIE
CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 2 Vegetarian Capsules
Servings Per Container 60

Amount Per Serving	% DV**
Ashwagandha 5000 mg † (as Withania somnifera)[Root] (5000mg equivalent to 167mg of 30:1 Extract)	
Maca Blend 4000 mg † Maca Root (Black, Red, and Yellow) (Lepidium meyenii) (root) (4000 mg equivalent to 200 mg of 20:1 Extract)	
Rhodiola 500 mg † <i>Rhodiola rosea</i> (root) Std. to no less than 5% salidroside	
L-Theanine 200 mg †	
Black Pepper Extract 5 mg †	

†Daily Value(DV) not established.

Other Ingredients: Vegetable Capsule (Cellulose).

ZERO GLUTEN, SOY, EGGS, DAIRY, NUTS
PRESERVATIVES OR ANIMAL PRODUCTS

Manufacture and Quality Tested in the USA
Ingredients carefully sourced from around the world



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