

Use with **PART B Spectrum Support Minerals**

#### SUGGESTED USE:

As a dietary supplement, take 2 teaspoons, 3 times a day with meals. May mix with other beverages or water. Start low and increase gradually to full dose. Keep bottle tightly closed. Check expiration at the bottom of the bottle. Store in a dry place, away from sun light.

#### **THIS PRODUCT DOES NOT CONTAIN**

Eggs, wheat, gluten, dairy, casein, yeast, corn, soy, refined sugars, artificial sweeteners, colors or flavors.

#### **DOSE BY BODY WEIGHT:**

50 lbs 2 teaspoon, 3 times a day

100 lbs 3 teaspoon, 3 times a day

150 lbs 4 teaspoon, 2 times a day

**Refrigerate after opening  
and use within 3 months**



**BRAINCHILD**  
NUTRITIONALS

# SPECTRUM SUPPORT<sup>®</sup> THREE

Highly Absorbable Liquid Vitamins<sup>®</sup>  
Effective Nutrition<sup>®</sup>

**PART A**

**Neurological and  
Metabolic Support<sup>®</sup>**

**DIETARY SUPPLEMENT**

LEMON  
LIME  
FLAVOR

**16oz (473 mL)**

HIGHEST  
INTENSITY  
ACTIVE  
VITAMINS



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Distributed by**

**Brainchild Nutritionals, LLC**

**20725 NE 16th Ave, Ste A1**

**MIAMI, FL 33179**

**(305) 952-3227**

## Supplement Facts

Serving Size: 2 teaspoons

Serving per container: 48

| Amount Per Serving                      |          | % Daily Value* |
|-----------------------------------------|----------|----------------|
| Calories                                | 10       |                |
| Sodium                                  | 5 mg     | <1%            |
| Total Carbohydrate                      | 3 g      | <1%            |
| Vitamin A (Mixed Carotenoids)           | 2,500 IU | 65%            |
| Vitamin C (Calcium ascorbate)           | 200 mg   | 333%           |
| Vitamin D3 (cholecalciferol)            | 133 IU   | 33%            |
| Vitamin E (d-α-tocopherol acetate)      | 50 IU    | 167%           |
| Vitamin B1 (Thiamin hydrochloride)      | 10 mg    | 667%           |
| Vitamin B2 (Riboflavin-5-Phosphate)     | 10 mg    | 588%           |
| Vitamin B3 (Niacinamide & Inositol)     | 15 mg    | 75%            |
| Vitamin B6 (Pyridoxine α-ketoglutarate) | 12 mg    | 583%           |
| Quatrefolic (5-MTHF)                    | 233 mcg  | 58%            |
| Vitamin B12 (Methylcobalamin)           | 267 mcg  | 4,444%         |
| Biotin                                  | 167 mcg  | 56%            |
| Vitamin B5 (Calcium Pantothenate)       | 50 mg    | 500%           |
| Choline (Citrate)                       | 27 mg    | **             |
| Inositol                                | 33 mg    | **             |
| Quercetin                               | 20 mg    | **             |
| TMG (Trimethylglycine)                  | 67 mg    | **             |
| L-Glycine                               | 67 mg    | **             |
| DMAE (Dimethylaminoethanol Bitartrate)  | 15 mg    | **             |
| N-Acetyl Cysteine                       | 8 mg     | **             |

\*Percent daily values based on a 2000 calories diet.

\*\*Daily Value not established

**Other Ingredients:** Purified Water, Xanthan Gum, Kosher Vegetable Glycerine, Herbal Extract Blend<sup>1</sup>, Potassium Sorbate, Lemon Lime extract.

<sup>1</sup>Organically-grown alcohol-free herbal extract containing: Ashwaganda, Burdock, Astragalus, Sarsaparilla, Fennel (seed), Ginko, Gotu kola, Gymnema Sylvestre, Milk Thistle and Schisandra.

Quatrefolic is a registered trademark of Gnosis Spa. U.S. Patent No. 7,947,662