

Made in the USA

X000H2QP8X



CODE 3809
V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Store in a cool, dry place after opening. Please Recycle.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

SUGGESTED USAGE: As a dietary supplement for pregnant or lactating women, take 3 softgels daily with food.

NATURAL
GOAL

Prenatal Ultra Blend

PREMIUM

Complete Prenatal Multivitamin
and Mineral Complex + DHA

90 Capsules

A DIETARY SUPPLEMENT



Supplement Facts

Serving Size 3 Softgels Servings Per Container 30

	Amount Per Serving	% Daily Value*
Calories	10	
Calories from Fat	10	
Total Fat	1.8 g	†
Vitamin A (100% as Beta-Carotene)	5,000 IU	100%
Vitamin C (from Calcium Ascorbate)	120 mg	200%
Vitamin D-3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha-Tocopheryl Acetate)	100 IU	200%
Vitamin K (as Menaphthone K ² and Phylloquinone K ¹)	20 mg	†
Thiamin (Vitamin B-1) (from Thiamin HCl)	5 mg	100%
Riboflavin (Vitamin B-2)	5 mg	200%
Niacin (Vitamin B-3) (as Nicotinamide)	12 mg	60%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	400%
Folate (as Folic Acid)	800 mcg	100%
Vitamin B-12 (as Methylcobalamin)	500 mcg	6250%
Biotin	300 mcg	100%
Pantoic Acid (Vitamin B-5) (from D-Calcium Pantothenate)	20 mg	200%
Calcium (from Calcium Carbonate (Aquamin® Red Algae Sea Minerals), Calcium Citrate and Calcium Ascorbate)	400 mg	21%
Iron (from Ferrous(II) Fumarate Bisglycinate) (TRAC58)	27 mg	180%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide, Aquamin® Red Algae Sea Minerals and Magnesium Citrate)	200 mg	44%
Zinc (from Zinc Bisglycinate) (TRAC58)	15 mg	100%
Selenium (from Selenium Amino Acid Complex) (TRAC58)	70 mcg	†

Copper (from Copper Bisglycinate) (TRAC58)	2 mg	100%
Manganese (from Manganese Bisglycinate) (TRAC58)	2 mg	†
Chromium (from Chromium Chelate) (TRAC58)	100 mcg	†
Molybdenum (from Molybdenum Bisglycinate) (TRAC58)	75 mcg	†
Potassium (from Potassium Citrate)	20 mg	†
Fish Oil Concentrate	650 mg	
DHA (Docosahexaenoic Acid)	280 mg	
EPA (Eicosapentaenoic Acid)	90 mg	
Squalene (Squalene)	120 mg	
GLA (Gamma Linolenic Acid)	20 mg	
Choline (from Choline Bitartrate)	10 mg	
Inositol	10 mg	
Leucin (from Marigold Flowers)	500 mg	
Lycopene (from Natural Tomato Extract)	300 mcg	

* Percent Daily Values for Pregnant and Lactating Women.
† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, candi), Rice Bran Oil, Beeswax, Soy Lecithin and Natural Lemon Oil.

Contains fish (tuna, anchovies) and soy.

Formulated & distributed by Natural Goal
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Please direct all questions to:
orders@naturalgoal.net

Not manufactured with wheat, gluten, milk, egg, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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