

Recommendations:

Take eight (8) capsules daily or as directed by a physician.

Keep container tightly closed, store in a cool, dry place.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

Contains no preservatives.

Bisphenol-A (BPA) & Phthalate Free

Manufactured Exclusively for:

Priority One Nutritional Supplements, Inc.

By: First Priority Manufacturing, Inc.

2681 Delta Ring Road

Ferndale, WA 98248

www.priorityonevitamins.com



Vegetarian Formulation

Multi Complex

240 Vegetarian Capsules

A Dietary Supplement

NON-GMO

Supplement Facts

Serving Size Eight (8) Capsules

Servings Per Container 30

Amount Per Serving		%Daily Value
Vitamin A (as beta carotene)	5,748mcg RAE	639%
Vitamin C (as ascorbic acid • calcium ascorbate)	1,752mg	1,947%
Vitamin D3 (cholecalciferol)	10mcg	50%
Vitamin E (as d-α-tocopherol (from Sunflower Sunvitol™))	268mg	1,787%
Thiamin HCL (vitamin B1)	102mg	8,500%
Riboflavin (vitamin B2)	76mg	5,846%
Niacin (as niacinamide)	152mg NE	950%
Vitamin B6 (as pyridoxine hcl)	78mg	4,588%
Folate (as (6S)-5-methyltetrahydrofolic acid) (equivalent to 1,266mcg of (6S)-5-methyltetrahydrofolic acid, glucosamine salt) (Quatrefolic®)	1,162mcg DFE	291%
Vitamin B12 (as methylcobalamin)	152mcg	6,333%
Biotin USP	200mcg	667%
Pantothenic Acid (D-calcium pantothenate)	138mg	2,760%
Choline (as choline bitartrate)	25mg	5%
Calcium (as calcium hydroxide citrate • calcium ascorbate)	557mg	43%
Iodine (as potassium iodide)	150mcg	100%
Magnesium (as magnesium oxide aspartate)	213mg	51%
Zinc (as zinc oxide aspartate)	30mg	273%
Selenium (as sodium selenite aspartate)	70mcg	127%

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Copper (as copper carbonate aspartate)	2mg	222%
Manganese (as manganese carbonate citrate)	5mg	217%
Chromium (as chromium chloride hexahydrate polynicotinate (ChromeMate® CM-100M))	120mcg	343%
Potassium (as potassium carbonate aspartate)	21mg	<1%
PABA (para amino benzoic acid)	80mg	**
Inositol	56mg	**
Betaine HCL 98%	152mg	**
Citrus Bioflavonoids Extract 25% (from bitter orange (fruit) (Citrus × aurantium L.))	200mg	**
Hesperidin Complex Extract 98% (from bitter orange (fruit) (Citrus × aurantium L.))	16mg	**
Rutin Extract 95% (from Japanese sophora (flower bud))	24mg	**

** Daily Value not established.

Other Ingredients: rice flour, silicon dioxide, capsule (hypromellose, purified water)

Sunvitol™ is a registered trademark of Nutraalliance

Quatrefolic® is a registered trademark of Gnosis S.p.A. Inc. U.S. Patent No. 7,947,662

ChromeMate® CM-100M is a registered trademark of InterHealth Nutraceuticals Inc.

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