

Hero  
NUTRITIONALS

**Yummi**  
Bears & Friends<sup>®</sup>

**Chewables**  
ASSORTED FRUITS

Multi-Vitamin & Mineral  
With Whole Food Concentrates



DIETARY SUPPLEMENT 180 TABLETS

Try our other  
great flavors

Natural  
Watermelon  
Flavor



Natural  
Grape  
Flavor



Natural  
Cherry  
Flavor



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**Suggested Use:** As a dietary supplement, parents may give each child up to two (2) chewables per day.

## Supplement Facts

Serving Size 2 Chewable Tablets  
Servings Per Container 90

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2g	1%*
Sugar	2g	
Vitamin A (as retinyl acetate)	5000IU	100%
Vitamin C (as sodium ascorbate)	60mg	100%
Vitamin E (as d-alpha tocopheryl acid succinate)	400IU	100%
Vitamin K (as d-alpha tocopheryl acid succinate)	20IU	67%
Thiamin (as thiamin mononitrate)	1.5mg	100%
Riboflavin	1.7mg	100%
Niacin (as niacinamide)	20mg	100%
Vitamin B6 (as pyridoxine HCl)	2mg	100%
Folic Acid (as folate)	10mcg	3%
Vitamin B12 (as cyanocobalamin)	6mcg	100%
Biotin	50mcg	17%
Pantothenic Acid (as calcium d-pantothenate)	10mg	100%
Calcium (as calcium carbonate)	100mg	10%
Iron (as ferrous fumarate)	5mg	28%
Iodine (as potassium iodide)	100mcg	67%
Magnesium (as magnesium citrate)	10mg	3%
Zinc (as zinc citrate)	3mg	20%
Copper (as copper citrate)	50mcg	3%
Manganese (as manganese citrate)	50mcg	3%
Potassium (as potassium citrate)	1mg	<1%
Whole Food Concentrate blend of grape, cherry, blueberry, apple, banana, pineapple, broccoli, beet, carrot, kale	100mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established

**Other Ingredients:** Fructose, sorbitol, natural grape/cherry/tutti frutti/watermelon flavors, black carrot, stearic acid, guar gum, silicon dioxide, modified cellulose.

Product appearance may change over time due to natural color. This does not alter potency of the product.

STORE IN A COOL, DRY PLACE, OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN. KEEP SEALED FOR FRESHNESS.

Manufactured for

HERO NUTRITIONAL PRODUCTS, L.L.C.  
San Clemente, CA 92673 • Made in USA  
Questions or Comments?  
Please call (800) 500-HERO or  
www.heronutritionals.com



BEST IF USED BEFORE

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These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease.