

100%
QUALITY
SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

70
MORE
FREE!

Natural Lemon Flavor

FISH OIL

2,000 mg | 600 mg
OMEGA-3

PER SERVING

PURIFIED TO
ELIMINATE MERCURY

GLUTEN FREE
NON GMO

CONTROLS
FISH BURPS

DIETARY
SUPPLEMENT

180 250 QUICK RELEASE
SOFTGELS



MAY REDUCE THE RISK OF
CORONARY HEART DISEASE†

Supplement Facts

Serving Size: 2 Quick Release Softgels
Servings Per Container: 125

Amount Per Serving	%Daily Value	
Calories	20	
Total Fat	2 g	3%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	1 g	*
Monounsaturated Fat	0.5 g	*
Cholesterol	<5 mg	1%
Fish Oil	2,000 mg (2 g)	*
Total Omega-3 Fatty Acids	600 mg	*
EPA (Eicosapentaenoic Acid)	360 mg	*
DHA (Docosahexaenoic Acid)	240 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Vegetable Glycerin,
Natural Lemon Flavor.

Contains fish (anchovy, mackerel, sardine) ingredients.

DIRECTIONS: For adults, take two (2)
quick release softgels two times daily,
preferably with meals.

WARNING: If you are pregnant, nursing, taking any
medications, including blood thinners, planning any
medical or surgical procedure or have any medical
condition, consult your doctor before use. If any
adverse reactions occur, immediately stop using this
product and consult your doctor. If seal under cap is
damaged or missing, do not use. Keep out of reach of
children. Store in a cool, dry place.

†Supportive but not conclusive research shows that
consumption of EPA and DHA Omega-3 fatty acids may
reduce the risk of coronary heart disease.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy,
Artificial Color, Artificial Flavor, Artificial
Sweetener, Preservatives.

NON-GMO

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