

Dr. Bredesen Formulated

The brain is the body's biggest consumer of cellular energy. It needs glucose from the blood to fuel its complex functions, and the constant communication throughout the nervous system. Healthy blood sugar and insulin sensitivity is critical for healthy brain function.*

For more information about the Bredesen Protocol:

www.ApolloHealthco.com



Springville, Utah

www.lifeseasons.com

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Healthy Blood Glucose Levels*

ReCODE Type 1.5 provides both well-researched botanicals and key minerals used in normal glucose metabolism.* Maintaining normal blood glucose is vital for supporting healthy cognitive function.*

Key Ingredients

Chromium – Essential mineral for carbohydrate and lipid metabolism*

Fenugreek – Helps maintain insulin sensitivity and normal glucose tolerance*

Alpha Lipoic Acid – A powerful antioxidant for cell protection and healthy circulation*

DOES NOT CONTAIN artificial colors, gluten, preservatives, yeast, wheat, soy, corn, or milk.

GLUTEN FREE

VEGETARIAN FORMULA

NO MAGNESIUM STEARATE

DO NOT TAKE WITHOUT FIRST CONSULTING YOUR HEALTH CARE PROVIDER.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



1.5

RE·CODE
WITH THE BREDESEN
PROTOCOL

TYPE 1.5
GLYCOTOXIC

Balance glucose levels for
improved cognitive health*

Clinically researched nutrients*



LifeSeasons®

Dietary Supplement
90 Vegetarian Capsules

Suggested Use: Take 3 capsules daily, with food.

Supplement Facts

Serving Size: 3 capsules daily
Servings per container: 30

	Amount per serving	% Daily Values**
Chromium (as chromium niacinate)	800 mcg	667%
Fenugreek seed extract (<i>Trigonella foenum-graecum</i>) (85% [425 mg] dietary fiber) (Fenulife™)	500 mg	†
Gymnema leaf extract (<i>Gymnema sylvestre</i>) (25% [100 mg] gymnemic acids)	400 mg	†
Cinnamon bark (<i>Cinnamomum verum</i>) (Ceylon)	90 mg	†
Bilberry fruit extract (<i>Vaccinium myrtillus</i>) (36% [27 mg] anthocyanosides) (Mirtoselect®)	75 mg	†
Butchers Broom root extract (<i>Ruscus aculeatus</i>) (10% [7.5 mg] ruscogenins)	75 mg	†
Gotu Kola aerial extract (<i>Centella asiatica</i>) (10% [7.5 mg] triterpenes)	75 mg	†
Alpha Lipoic Acid	50 mg	†
Bitter Melon fruit extract (<i>Momordica charantia</i>) (7.5% [3.75 mg] bitters)	50 mg	†
Banaba leaf extract (<i>Lagerstroemia speciosa</i>) (2% [1 mg] corosolic acid)	50 mg	†
Holy Basil leaf extract (<i>Ocimum sanctum</i>) (2.5% [625 mg] ursolic and oleanolic acids)	25 mg	†
Vanadium (as vanadyl sulfate)	200 mcg	†

† Daily Values not established.

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Hypromellose (vegetable cellulose), silica, and rice bran.