Directions: Take 2 capsules daily, with or without food.

Caution: For adults. Use only as directed. If pregnant, nursing, taking medication, or under medical supervision for any condition, consult a healthcare professional before use.

Keep out of reach of children.

Store in a cool, dry place. Tamper evident. Do not use if printed safety seal under cap is broken or missing.

Vegan. Gluten-Free.

No artificial colors, flavors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, milk, or magnesium stearate. Made in USA with globally sourced ingredients.













Relieve-R[™] helps ease occasional aches and relax the body without habitforming actives*

- L-Tetrahydropalmatine eases muscle tension*
- L-Theanine supports brain waves that promote relaxed wakefulness*
- White Willow contains salicin, which helps with occasional mild discomforts*
- Benfotiamine provides neuropathy support*
- Angelica is used in Traditional Chinese Medicine for mild discomfort*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION, THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Relieve-R™ Multi-Action Relief*

L-Tetrahydropalmatine White Willow Benfotiamine L-Theanine Caffeine

> DIETARY SUPPLEMENT 46 VEG CAPSULES

SUPPLEMENT FACTS

Serving Size 2 Capsules Servings Per Container 23

	% DV
25 mcg	125%
50 mg	2,941%
1,000 mcg	41,667%
300 mg	**
100 mg	**
100 mg	**
75 mg	**
75 mg	**
50 mg	**
50 mg	**
	300 mg 1,000 mcg 300 mg 100 mg 75 mg 75 mg 50 mg

Other Ingredients: Hypromellose (Vegetable Cellulose) and Rice Bran.

Exclusively formulated and distributed by LifeSeasons*, Kaysville, UT 84037, USA

Questions? (877) 455-2826 or www.lifeseasons.com