

DIRECTIONS: Take 2 softgels daily, with or without food.

CAUTION: Use only as directed. If pregnant, nursing, taking medication, or under medical supervision for any condition, consult a health-care professional before use. Not intended for children.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Tamper evident. Do not use if printed safety seal under cap is broken or missing.

No milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, colors, flavors, preservatives, or magnesium stearate.

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About Phosphatidyl Serine (PS)

Phosphatidylserine (PS) is a phospholipid that covers and protects cells throughout the body. It is particularly essential for nerve cells in the brain.*

Phosphatidyl Serine supports:

- Brain neurotransmissions*
- Memory and mental function*
- Emotional balance*
- Athletic performance*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Phosphatidyl Serine 200 mg

Supports memory,
emotional balance
& endurance*

DIETARY SUPPLEMENT
60 SOFTGELS

SUPPLEMENT FACTS

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% DV
Phosphatidylserine 200 mg (from soy)	**
Phosphatidylcholine 25 mg (from soy)	**

**Daily Value (DV) not established.

Other Ingredients: Gelatin (Softgel), Glycerin, and Purified Water.

Contains: Soy

Exclusively formulated and
distributed by LifeSeasons®
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Gluten-Free.
Made in USA with globally
sourced ingredients.