

GNC Preventive Nutrition® products have been scientifically developed utilizing the expertise of the GNC Medical Advisory Board. Each premium formula is designed to be used in conjunction with your physician recommended healthcare regimen. This line of products is precisely formulated to provide clinical strength ingredients and additional nutrients that address key health concerns.

DEVELOPED WITH AND ENDORSED BY



ADVANCED KNOWLEDGE FOR BETTER HEALTH

The GNC Medical Advisory Board utilizes their in-depth medical knowledge and experience to aid in the creation and ongoing development of GNC products, helping GNC stay on the forefront of product innovation and delivering on our commitment to helping you LIVE WELL.

**GNC QUALITY COMMITMENT** For more than 77 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222



resVida® is a trademark of DSM.

**[MY] TOSTERONE®**

MyTosterone® is a registered trademark of Triarco Industries.

**Preventive Nutrition® Healthy Testosterone Formula** contains clinically studied ingredients, additional key nutrients and a lifestyle program to support testosterone levels and healthy DHEA levels.\* This multi-action formula is designed to help support healthy circulation and improve sexual health.\*

**Testosterone, Hormone & Sexual Health Support** – Testosterone, the most important male sex hormone, helps the body produce and maintain adult male features. As men age, testosterone levels gradually decline – producing less than they did during their teen and early adult years when production of this hormone peaks. By about age 70, the decrease in a man's testosterone level can be as much as 50 percent.\* Healthy testosterone levels help maintain sex drive, sperm production, muscle strength and mass and bone density. This formula combines Testofer® from fenugreek seed extract, clinically shown to improve sexual health with DHEA, a precursor to testosterone and saw palmetto for normal prostate function and healthy urinary flow.\*

**Lean Muscle Support** – Includes leucine, the key branched chain amino acid in regulating muscle protein synthesis, to help fuel the growth and repair of skeletal muscles.\* Contains dietary betaine to provide important molecules that support normal cell growth, a healthy cardiovascular system and liver health.\*

**Circulatory Pump Support** – Features clinically studied resVida® Resveratrol to enhance blood vessel dilation and protect against free radicals that can destroy healthy cells, damage tissue and promote the cell-aging process.\*

**Energy and Metabolism Support** – Contains ginseng, which is traditionally used to support vitality and overall well-being, and a vitamin and mineral complex including key B vitamins and copper to support energy production and metabolic processes.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**GNC**

PREVENTIVE NUTRITION®

## Healthy Testosterone FORMULA

PHYSICIAN FORMULATED  
NUTRITION SOLUTIONS

- Multi-action formula designed to support testosterone & DHEA levels that decline with age\*
- Clinically shown to improve sexual health, blood flow and optimal vitality\*
- Fuels lean muscle mass & supports a healthy metabolism\*

DIETARY SUPPLEMENT  
60 CAPLETS



**NEW**

CODE 71483

Directions: As a dietary supplement, take two caplets daily. For maximum benefits, take as directed every day.

## Supplement Facts

Serving Size Two Caplets  
Servings Per Container 30

| Amount Per Serving                            |        | % Daily Value |
|-----------------------------------------------|--------|---------------|
| Vitamin D (as Cholecalciferol D-3)            | 400 IU | 100%          |
| Thiamin (Vitamin B-1)(as Thiamin Mononitrate) | 2 mg   | 133%          |
| Riboflavin (Vitamin B-2)                      | 2 mg   | 118%          |
| Niacin (as Niacinamide)                       | 25 mg  | 125%          |
| Vitamin B-6 (as Pyridoxine Hydrochloride)     | 10 mg  | 500%          |
| Vitamin B-12 (as Methylcobalamin)             | 50 mcg | 833%          |
| Magnesium (as Magnesium Oxide)                | 25 mg  | 6%            |
| Zinc (as Zinc Citrate)                        | 15 mg  | 100%          |
| Copper (as Copper Oxide)                      | 2 mg   | 100%          |

### Testosterone, Hormone & Sexual Support

|                                                                               |        |   |
|-------------------------------------------------------------------------------|--------|---|
| Fenugreek Seed Extract ( <i>Trigonella foenum-graecum</i> )                   | 600 mg | * |
| MyTosterone® Saw Palmetto Berries ( <i>Serenoa repens</i> ) and Astaxanthin   | 175 mg | * |
| <i>Tribulus terrestris</i> Fruit Extract, Indole-3-Carbinol, Diindolylmethane | 100 mg | * |
| DHEA (Dehydroepiandrosterone)                                                 | 50 mg  | * |

### Lean Muscle Support

|                                         |        |   |
|-----------------------------------------|--------|---|
| L-Leucine                               | 100 mg | * |
| Betaine (TMG)(as Betaine Hydrochloride) | 100 mg | * |

### Circulatory Pump Support

|                            |        |   |
|----------------------------|--------|---|
| L-Citrulline               | 100 mg | * |
| resVida® trans-Resveratrol | 30 mg  | * |

### Energy & Metabolism Support

|                                   |       |   |
|-----------------------------------|-------|---|
| <i>Panax ginseng</i> Root Extract | 50 mg | * |
|-----------------------------------|-------|---|

\* Daily Value not established.

**Other Ingredients:** Cellulose, Dicalcium Phosphate, Vegetable Acetoglycerides, Artificial Colors (FD&C Red #40 Lake, FD&C Yellow #6 Lake), Mica, Titanium Dioxide.  
**WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.** Consult a physician or licensed qualified healthcare professional before using this product, including, but not limited to, if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. To report any adverse event, call 1-800-332-1088. KEEP OUT OF REACH OF CHILDREN. Discontinue use two weeks prior to surgery.  
Conforms to USP <2091> for weight. Meets USP <2040> disintegration.  
No Sugar, No Artificial Flavors, No Wheat, No Gluten, No Dairy, Yeast Free.