

Directions: Take 2 capsules daily with food.

Caution: For adults. Use only as directed. If pregnant, nursing, taking medication, or under medical supervision for any condition, consult a healthcare professional before use.

Keep out of reach of children.

Store in a cool, dry place. Tamper evident. Do not use if printed safety seal under cap is broken or missing.

Vegan. Gluten-Free.

No artificial colors, flavors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, milk, or magnesium stearate. **Made in USA** with globally sourced ingredients.



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Mood Stabili-T® helps promote stress control, calmness, and positive emotional outlook*

- **Saffron** is traditionally used to support emotional well-being*
- **Rhodiola** supports the body's ability to resist stress and combat fatigue*
- **L-Theanine** nourishes the nervous system and supports production of mood-boosting neurotransmitters*
- **Vitamin D3** supports brain and emotional health*
- **5-HTP** is a natural precursor to serotonin that helps promote relaxation*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Mood Stabili-T® Emotional Support*

Vitamin D3, B3, B6 & B12
Rhodiola & Ginkgo
L-Theanine
Saffron
5-HTP

DIETARY SUPPLEMENT
60 VEG CAPSULES

SUPPLEMENT FACTS

Serving Size 2 Capsules / Servings Per Container 30

Amount Per Serving		% DV
Vitamin D3 (as cholecalciferol) (800 IU)	20 mcg	100%
Vitamin B3 (as niacinamide)	50 mg NE	313%
Vitamin B6 (as pyridoxyl-5'-phosphate)	20 mg	1,176%
Folic Acid (as calcium folinate)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%
Zinc (as zinc citrate)	25 mg	277%
L-Theanine	150 mg	**
Ginkgo (Ginkgo biloba) Leaf Extract (24% [28 mg] flavone glycosides, 6% [7 mg] terpene lactones)	120 mg	**
Rhodiola (Rhodiola rosea) Root Extract (3% [3 mg] rosin, 1% [1 mg] salidroside)	100 mg	**
L-Tyrosine	50 mg	**
Lemon Balm (Melissa officinalis) Leaf	50 mg	**
Passion Flower (Passiflora incarnata) Aerial Extract (3.5% [1.75 mg] flavonoids)	50 mg	**
5-HTP (from Griffonia simplicifolia seed extract)	50 mg	**
Saffron (Crocus sativus) Stigmas	20 mg	**

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (Vegetable Cellulose), Rice Bran, and Silica.

Exclusively formulated and distributed by LifeSeasons®, Kaysville, UT 84037, USA

Questions? (877) 455-2826 or www.lifeseasons.com