

Directions: Take 2 capsules daily with food.

Caution: For adults. Use only as directed. If pregnant, nursing, taking medication, or under medical supervision for any condition, consult a healthcare professional before use.

Keep out of reach of children. Store in a cool, dry place. Tamper evident. Do not use if printed safety seal under cap is broken or missing.

Vegan. Gluten-Free.

No artificial colors, flavors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, milk, or magnesium stearate. **Made in USA** with globally sourced ingredients.



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Migra-T® helps ease tension and the body's neurological response to light and sound*

- **Feverfew** is traditionally used to help ease head discomfort*
- **Ginger** supports healthy blood flow to the head and calms the nervous system*
- **White Willow** contains salicin that has been shown to help ease discomfort*
- **Magnesium** helps maintain vascular integrity and promote relaxed muscles/nerves*
- **CoQ10** energizes cells and counteracts muscle discomfort*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Migra-T® Tension Ease*

Vitamin D3, B6 & B12
CoQ10 & Ginger
White Willow
Magnesium

DIETARY SUPPLEMENT
60 VEG CAPSULES

SUPPLEMENT FACTS

Serving Size 2 Capsules / Servings Per Container 30

Amount Per Serving		% DV
Vitamin D3 (as cholecalciferol) (1000 IU)	25 mcg	125%
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg	2,941%
Folic Acid (as calcium folinate)	1,000 mcg DFE	250%
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%
Magnesium (as magnesium citrate)	100 mg	24%
White Willow (Salix alba) Bark Extract (15% [45 mg] salicin)	300 mg	**
Ginger (Zingiber officinale) Root Extract (5% [3.75 mg] gingerols)	75 mg	**
BenfoPure® Benfotiamine	50 mg	**
CoQ10 (as ubiquinone)	50 mg	**
Feverfew (Tanacetum parthenium) Leaf Extract (0.5% [0.15 mg] parthenolide)	30 mg	**

**Daily Value (DV) not established.

Other Ingredients: Rice Bran and Hypromellose (Vegetable Cellulose).

Exclusively formulated and distributed by
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www.lifeseasons.com