

DIRECTIONS: Take 2 capsules daily, with or without food.

CAUTION: Use only as directed. If pregnant, nursing, taking medication, or under medical supervision for any condition, consult a health-care professional before use. Not intended for children.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Tamper evident. Do not use if printed safety seal under cap is broken or missing.

No milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, soy, colors, flavors, preservatives, or magnesium stearate.

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About Lion's Mane

Lion's Mane (*hou tou gu* or *yamabushitake*) is an edible mushroom that resembles the mane of a lion as it grows. It is commonly used in Traditional Chinese Medicine (TCM).

Lion's Mane supports:

- Brain function*
- Calming stress control and emotional balance*
- Digestive comfort*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Lion's Mane Mushroom

1,000 mg

Supports healthy brain function & emotional balance*

DIETARY SUPPLEMENT
60 VEG CAPSULES

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% DV
Organic Lion's Mane (<i>Hericium erinaceus</i>) Mycelium and Fruiting Body	1,000 mg **

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (Vegetable Cellulose), Microcrystalline Cellulose, Silica, and Rice Bran.

Exclusively formulated and distributed by LifeSeasons®
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Vegetarian. Gluten-Free.
Made in USA with globally sourced ingredients.