

Directions: Take 2 capsules daily, with or without food.

Caution: Contains caffeine.
For adults. Use only as directed. If pregnant, nursing, taking medication, or under medical supervision for any condition, consult a healthcare professional before use.

Keep out of reach of children.
Store in a cool, dry place. Tamper evident. Do not use if printed safety seal under cap is broken or missing.

Vegan. Gluten-Free.

No artificial colors, flavors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, milk, or magnesium stearate. **Made in USA** with globally sourced ingredients.



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Focus-R™ helps support concentration, memory, attention span, and mental performance*

- **Vitamins B6 + B12** are essential for brain function*
- **L-Theanine** supports mental focus and reduced stress*
- **Bacopa** supports memory and comprehension*
- **Kava Kava** helps reduce stress*
- **Caffeine** (from Green Tea) helps boost mental function*
- **Huperzine A** promotes healthy mental function*
- **Ginkgo Biloba** supports blood flow to the brain*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Focus-R™ Concentration Support*

HERBAL CAFFEINE

Ginkgo Biloba
Huperzine A
L-Theanine
Bacopa

DIETARY SUPPLEMENT
60 VEG CAPSULES

SUPPLEMENT FACTS

Serving Size 2 Capsules / Servings Per Container 30

Amount Per Serving		% DV
Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1,176%
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%
L-Theanine	250 mg	**
Kava Kava (Piper methysticum) Root Extract (30% [60 mg] kavalactones)	200 mg	**
Bacopa (Bacopa monnieri) Whole Plant Extract (20% [20 mg] bacosides A&B)	100 mg	**
Yerba Mate (Ilex paraguariensis) Leaf	100 mg	**
Caffeine (from green coffee [Coffea arabica] bean)	75 mg	**
Holy Basil (Ocimum sanctum) Leaf	75 mg	**
Ginkgo (Ginkgo biloba) Leaf Extract (24% [14 mg] flavone glycosides, 6% [3.5 mg] terpene lactones)	60 mg	**
Huperzine A (from Toothed Clubmoss [Huperzine serrata] Extract)	100 mcg	**

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (Vegetable Cellulose), Silica, and Rice Bran.

Exclusively formulated and distributed by
LifeSeasons®, Kaysville, UT 84037, USA
Questions? (877) 455-2826 or www.lifeseasons.com