Directions: Take 3 capsules daily, with or without food.

Caution: For adults. Use only as directed. If pregnant, nursing, taking medication, or under medical supervision for any condition, consult a healthcare professional before use.

Keep out of reach of children. Store in a cool, dry place. Tamper evident. Do not use if printed safety seal under cap is broken or missing.

Gluten-Free. No artificial colors, flavors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, milk, or magnesium stearate. Made in USA with globally sourced ingredients.









Beau-T® promotes healthy tissues throughout the body and nourishes hair, skin and nails from within*

- Biotin supports cell growth and aids in strengthening hair and nails*
- Collagen protein helps fortify skin and fingernails*
- Methylsulfonylmethane (MSM) helps skin glow and hair shine*
- Horsetail contains silica, a mineral that promotes collagen production and strengthens hair and nails*
- Turmeric supports skin cellular health*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Beau-T® Hair, Skin & Nails*

Collagen Horsetail Turmeric Biotin MSM

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size 3 Capsules / Servings Per Container 30

Amount Per Serving		% DV
Biotin	6,000 mcg	20,000%
Zinc (as zinc citrate)	15 mg	136%
Selenium (as selenomethionine)	200 mcg	363%
Chromium (as chromium niacinate)	500 mcg	1,429%
Methylsulfonylmethane (MSM)	300 mg	
Saw Palmetto (Serenoa repens) Berry Extra		
Collagen (from chicken)	100 mg	**
Flax (Linum usitatissimum) Seed	75 mg	
Oat (Avena sativa) Bran	75 mg	**
L-Cysteine	50 mg	**
L-Methionine	50 mg	
Milk Thistle (Silyburn marianum) Seed Extr. (80% [40 mg] silymarin)	act 50 mg	
Taurine	30 mg	
Nettle (Urtica dioca) Leaf	25 mg	
Nettle (Urtica dioca) Root Extract (4:1)	25 mg	
Red Clover (Trifolium pratense) Blossoms	25 mg	**
Turmeric (Curcuma longa) Root Extract (95% [23 mg] curcuminoids)	25 mg	
White Tea (Camellia sinensis) Leaf Extract (60% [9 mg] catechins)	15 mg	
Atlantic Kelp (Laminaria digitata) Extract (0.4% [40 mcg] iodine)	10 mg	
Histadine	10 mg	**
Horsetail (Equisitum arvense) Extract (7% [0.49 mg] silicon)	7 mg	
**Daily Value (DV) not established.		

Other Ingredients: Hypromellose (Vegetable Cellulose) and Rice Bran.

Exclusively formulated and distributed by LifeSeasons*, Kaysville, UT 84037, USA

Questions? (877) 455-2826 or www.lifeseasons.com