

DIRECTIONS: Swallow one capsule daily with water, preferably at mealtime, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Consider total vitamin K intake (food + supplements) if you are taking blood-thinning medication. Do not use if tamper seal is damaged.

Vitamin K2 and D3 Complex features the most bioavailable and bioactive form of supplemental vitamin K2 available and vitamin D3 (cholecalciferol), the identical form in which vitamin D is derived in the body from cholesterol and synthesized by sunlight on the skin. Studies confirm safety and efficacy for bone and heart health.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Vitamin K2 and D3 Complex

Bioavailable Vitamins
K2 (as MK-7) and D3*

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Vitamin D3 (cholecalciferol)	250 mcg (10,000 IU)	1250%
Vitamin K2 (as menaquinone-7)	45 mcg	38%

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), vegetable stearic acid, vegetable magnesium stearate, and silica.



Professional Use Only

Manufactured in a GMP compliant facility.