

# BODY FORTRESS™ SUPER NOS BLAST

Super NOS Blast delivers maximum energy, focus and high-intensity endurance for your most extreme workouts! With a combination of proprietary formulations that support extreme energy and nutrient circulation to the cell, Super NOS Blast drink mix delivers insane taste and results.\*

Super NOS Blast contains FOUR Extreme Blends!

- CREA-PUMP BLEND - with Creatine to accelerate force, power and strength in the gym.\*
- VASOSURGE BLEND - with L-Arginine to enhance nitric oxide synthesis and circulation.\*
- NEURO-ENERGY BLEND - with Taurine/L-Tyrosine/Caffeine to rev up your mind and body so you can hit the gym, focus and take care of business.\*
- NITROMAX BLEND - contains ALL essential Branched Chain Amino Acids (BCAAs) to support nitrogen levels.\*

**SUGGESTED USE:** For adults, mix two (2) scoops with 10-12 ounces of water and consume as follows: one half 30-60 minutes before your workout and the balance during the course of your workout. Vary the amount of water to achieve your desired flavor and sweetness level. Individuals sensitive to caffeine should begin with half the recommended dosage to assess individual tolerance. Do not take more than three (3) scoops in a 4-hour period or more than six (6) scoops in a 24-hour period. As a reminder, discuss the supplements and medications you take with your health care providers. It is important to check with your health care provider before beginning any diet or exercise program.



**FREE OF:** wheat, milk or milk derivatives, lactose, soy. Contents are sold by weight. Some settling may occur.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Avoid this product if you have kidney disease or are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF THE REACH OF CHILDREN. KEEP IN A DRY PLACE TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

**BODY FORTRESS**  
YOUR BODY. YOUR FORTRESS.™

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Results may vary. Use in conjunction with an intense daily exercise program and a balanced diet including an adequate calorie intake.

**BODY FORTRESS**

# SUPER NOS BLAST

ULTIMATE MULTI-ACTION WORKOUT FORMULA

**FRUIT PUNCH**

Naturally and Artificially Flavored  
DIETARY SUPPLEMENT NET WT. 32 oz. (2 lb.) (907 g)

**CREA-PUMP Blend**

Accelerates Force, Power & Strength\*

**NITROMAX Blend**

Increases Muscle Nitrogen Levels\*

**NEURO-ENERGY Blend**

Amplifies Mind/Body Energy Levels\*

**VASOSURGE Blend**

Nitric Oxide Inducer\*

## Supplement Facts

Serving Size 2 Scoops (40 g)  
Servings Per Container about 22

Amount Per Serving	%Daily Value
Calories	130
Total Carbohydrate	15 g 5%**
Sugars	1 g ***
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,501%
Folic Acid	840 mcg 210%
Vitamin B-12 (as Cyanocobalamin)	280 mcg 4,667%
Phosphorus	228 mg 23%
Magnesium (as Magnesium Phosphate)	202 mg 51%
Sodium (as Sodium Phosphate)	55 mg 2%
Crea-Pump Blend	5 g (5,000 mg) ***
Creatine Monohydrate, Creatine Ester Phosphate Sodium	
VasoSurge Blend	4 g (4,000 mg) ***
L-Arginine, L-Glutamine, Alpha Ketoglutaric Acid	
Neuro-Energy Blend	3.2 g (3,200 mg) ***
Taurine, L-Tyrosine, Caffeine Anhydrous (200 mg), White Willow (Salix alba) (bark) (standardized to contain 15% Salicin), Vinpocetine	
NitroMax Blend	2.4 g (2,400 mg) ***
L-Leucine, L-Isoleucine, L-Valine	

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

Other Ingredients: Maltodextrin, Citric Acid, Natural and Artificial Flavors, Beet Juice Color, Sucralose.

Carefully Manufactured by  
Healthwatchers (DE), Inc.  
Bohemia, NY 11716 U.S.A.

