

DIRECTIONS: Take two capsules daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

PMS Support is a comprehensive blend of Native American and Chinese herbs traditionally used to provide balance and support for a healthy menstrual cycle.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORAGE: Keep closed in a cool, dry place out of reach of children.

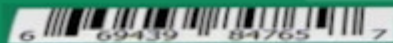
DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

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PMS Support

Menstrual Cycle Support*

DIETARY SUPPLEMENT

60 Vegetarian Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Chaste Berry Extract (<i>Vitex agnus-castus</i>) (fruit)(0.5% agnuside and 0.4% aucubin)	225 mg	**
Bupleurum (<i>Bupleurum chinense</i>)(root)	100 mg	**
Tangerine (<i>Citrus reticulata</i>)(peel)	100 mg	**
Dandelion 4:1 Extract (<i>Taraxacum officinale</i>)(root)	100 mg	**
Dong Quai Extract (<i>Angelica sinensis</i>)(root) (1% lingustilide)	100 mg	**
Peony (<i>Paeonia lactiflora</i>)(root)	100 mg	**
Ginger 10:1 Extract (<i>Zingiber officinale</i>)(root)	60 mg	**
Parsley (<i>Petroselinum crispum</i>)(leaves)	50 mg	**
Red Raspberry (<i>Rubus idaeus</i>)(leaves)	50 mg	**
Licorice Extract (<i>Glycyrrhiza glabra</i>)(root) (20% glycyrrhizin)	25 mg	**

**Daily Value not established

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

Professional Use Only

Manufactured in a GMP compliant facility.