

DIRECTIONS: Take one quick-dissolve tablet as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Woodstock Vitamins LLC's **Methyl B-12 5,000** provides 5 mg (5,000 mcg) of vitamin B12 in each very small, pleasant-tasting tablet. Methylcobalamin, the form of B12 active in the body, appears to be better absorbed and stored in tissues in comparison to cyanocobalamin. Methylcobalamin has multiple supportive roles in the body, including red blood cell formation, nervous system health, homocysteine and folate metabolism, melatonin synthesis, and more.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Methyl B-12 5000

DIETARY SUPPLEMENT
60 QUICK-DISSOLVE TABLETS

Supplement Facts

Serving Size: 1 Quick-Dissolve Tablet
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Vitamin B12 (as MecobalActive™ methylcobalamin)	5,000 mcg	83,333%

Other Ingredients: Xylitol, stearic acid, mannitol, citric acid, silica, natural orange flavor (no MSG), and magnesium stearate.

MecobalActive™ is a trademark of Ferrer Health Tech.
The active form of B₁₂

Professional Use Only

Manufactured in a GMP compliant facility.

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