

DIRECTIONS: Take one quick-dissolve tablet 15 to 60 minutes before bedtime as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Melatonin 3mg is produced naturally in the pineal gland of the brain in response to changes in light exposure; it helps maintain healthy sleep patterns as well as antioxidant and immune activities. Melatonin can be taken as a supplement to support these functions by promoting normal levels of melatonin in the body.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Woodstock
— VITAMINS —

Melatonin 3mg

PEPPERMINT FLAVOR

Support for Healthy
Sleep Patterns*

DIETARY SUPPLEMENT

120 QUICK-DISSOLVE TABLETS

Supplement Facts

Serving Size: 1 Quick-Dissolve Tablet

Servings Per Container: 120

	Amount Per Serving	%Daily Value
Melatonin	3 mg	**

** Daily Value not established.

Other Ingredients: Xylitol, mannitol, stearic acid, silica, magnesium stearate, and natural peppermint flavor.

Professional Use Only Manufactured in a GMP compliant facility.

Distributed By: Village Vitality LLC

79 Tinker Street Fl 2

Woodstock, NY 12498

(845) 521-7455

www.WoodstockVitamins.com

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This package is completely recyclable