

### Tasty Peppermint Lozenge for Occasional Sleep Support\*

As a naturally-occurring hormone, **Melatonin** is involved in setting our body's natural physiologic cycles. It assists the body to normalize sleep disruption, thereby helping alleviate the fatigue that often accompanies occasional lack of sleep.† Our high quality source in a 1 mg dose offers flexibility in dosing. This natural peppermint-flavored lozenge uses xylitol and sorbitol, two low calorie sweeteners.

**Caution:** Do not exceed recommended dosage. Use only at bedtime. Do not use if pregnant or nursing. Regular dosage for individuals of any age should be limited to two weeks; do not exceed 3 mg in any 24 hour period. If less than 40 years old, do not use regularly for any purpose except on advice of a healthcare practitioner. If you have diabetes, an autoimmune, endocrine, depressive, or seizure disorder, consult your health care practitioner before use. Do not drive or operate machinery while taking this product. Not intended for use by children under age 18.

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity  
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**Woodstock**  
— VITAMINS —

# Melatonin 1 mg Lozenge

PEPPERMINT FLAVOR



PROMOTES REST AND RELAXATION\*

**DIETARY SUPPLEMENT**  
**60 Vegan Lozenges**

## Supplement Facts

Serving Size 1 Chewable Lozenge  
Servings Per Container 60

### Amount Per Serving

Melatonin	1 mg	*
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\*Daily Value not established.

Other ingredients: Sorbitol, xylitol, cellulose, modified cellulose gum, stearic acid (vegetable source), silica, citric acid, natural peppermint flavor and magnesium stearate (vegetable source).

Distributed by: Village Vitality LLC  
Woodstock, NY 12498  
woodstockvitamins.com

**SUGGESTED USE:** As a dietary supplement, take one lozenge on an empty stomach 30 to 60 minutes before bedtime.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

**KEEP OUT OF REACH OF CHILDREN.**

VVL 447-60D

