

# OLLY.

## THE GOODS INSIDE



### MELATONIN

We've got your (drug-free) mellow right here. This naturally occurring hormone works with your body's chemistry to help you fall asleep and stay asleep.\*



### L-THEANINE

An amino acid that encourages calmness so you can hush those voices in your head and drift off.\*



### BOTANICALS

Flower power! Chamomile, Passionflower & Lemon Balm have been used for centuries to help soothe & relax.\*

50  
GUMMIES

DIETARY SUPPLEMENT



# SLEEP

FOR A HEALTHY SLEEP CYCLE\*

Melatonin, L-Theanine  
& Botanicals



BLACKBERRY ZEN  
with other Natural Flavors

**Suggested Use:** Take 2 gummies 30 minutes before bed. Chew thoroughly before swallowing.

## Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 25

| Amount Per Serving                   | % DV     |
|--------------------------------------|----------|
| Calories                             | 10       |
| Total Carbohydrate                   | 3g 1%*   |
| Total Sugars                         | 2g **    |
| Includes 2g Added Sugars             | 4%*      |
| Protein                              | 1g       |
| Melatonin                            | 3 mg **  |
| L-Theanine                           | 100mg ** |
| Chamomile Extract (flower)           | 17 mg ** |
| Passionflower Extract (aerial parts) | 17 mg ** |
| Lemon Balm Extract (aerial parts)    | 16 mg ** |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Gelatin, Natural Flavor, Citric Acid, Coloring (from carrot and blueberry juices), Pectin, Vegetable Oil (coconut, canola), and Carnauba Wax (to prevent sticking).

Distributed by: OLLY Public Benefit Corp.  
San Francisco, CA 94111  
hello@OLLY.com • 1-844-HEY-OLLY

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish, wheat and sesame.

**CAUTION:** Melatonin may cause drowsiness or sleepiness; do not take when driving, operating machinery, or engaging in any activity that requires alertness. This product is not intended to treat insomnia or other sleep disorders.

For occasional sleeplessness. Take only as directed. Do not exceed suggested use. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Not intended for use in children. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

f b i n t OLLY.com

## NATURALLY TASTY

Blissful blackberry flavor with refreshing notes of mint.



## TAKE AS NEEDED

No food or water necessary.

No Synthetic Flavors or Colors

Gluten Free



how2recycle.info



© 2023 OLLY PBC 300120.03