

GNC
PRO PERFORMANCE[®]

INTRODUCTORY
VALUE
SIZE

CREATINE COMPLEX CHEWS

DIETARY SUPPLEMENT

*Delicious Chew Supports Muscle Energy & Athletic Performance**

*Features Creatine HCL & Monohydrate to Fuel Muscle Cells**

*3000mg Creatine Complex to Increase Strength & Power**



NITRO-
FACTOR[™] 6g

SOUR
CHERRY
NATURAL FLAVOR

72 CHEWS
Net Wt 12.7 oz (360 g)

GNC
PRO PERFORMANCE[®]

Daily



Strength

Pre/Post-
Workout

3000MG
CREATINE

35
CALORIES

1G
SUGAR

10G
CARBS

CODE 791269

JNG

Creatine is one of the most misunderstood supplements, yet one of the most important tools for improving strength. Creatine is used by your muscle cells to produce energy. During strenuous exercise, your body uses this energy source to help you power through your workouts. Supplementing with creatine will also help replenish muscle creatine.

NITRO-FACTOR[™] - MAXIMIZE MUSCLE BUILDING[†]

The full muscle building potential of a GNC product is based on its total nitrogen content – so the more nitrogen a product has, the stronger it will perform. Nitrogen needs increase during training, and if nitrogen levels are low, your body pulls from muscle stores which can result in catabolism, poor performance and longer recovery. Pro Performance[®] Creatine Complex Chew with a Nitro-Factor[™] of 6 grams per serving helps fuel performance and anabolism.*

GNC QUALITY COMMITMENT For more than 77 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**STACK WITH: Pro Performance[®] BCAA
Complex Chew, RapidDrive[®] Glutamine,
Liquid Protein Complex.**

† When used in conjunction with an exercise program.

DIRECTIONS: As a dietary supplement, consume 1 to 3 chews before, during or after working out. For maximum results, take 3 chews.

# Chews	Creatine (mg)	Benefit
1	1000	Important for energy production during exercise and promotes cellular hydration*
2	2000	
3	3000	Improves strength and athletic performance, and provides more substrate for energy production during exercise*

Supplement Facts

Serving Size 3 Soft Chews
Servings per Container 24

Amount Per Serving	% Daily Value [†]	
Calories	35	
Calories from Fat	5	
Total Fat	0.5 g	1%
Total Carbohydrate	10 g	3%
Sugar	1 g	*
Creatine	3000 mg	*
(as Creatine Monohydrate and Creatine Hydrochloride)		

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Maltitol Syrup, Isomalt, Maltodextrin, Natural Flavors, Palm Oil, Soy Lecithin, Citric Acid, Glycerin, Sucralose, FD&C Red #40.

CONTAINS: Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

No Crustaceans, No Tree Nuts, No Wheat, No Eggs, No Milk/Dairy, No Fish, No Peanuts, No Preservatives, No Gluten, No Sodium, No Yeast, No Artificial Flavors.

**INFORMED-
CHOICE[®]**
Trusted by sport

Products bearing this logo have been tested for banned substances by HFL Sport Science, a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2012 World Anti-Doping Agency (WADA) Prohibited List via HFL ship lot testing protocol #ICP0307. See gnc.com for more information.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

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