DIRECTIONS: Mix two scoops (38 g) in 6-8 oz of cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack or meal supplement, or taken as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

Complete Nutritional Shake is a nutrient-rich shake mix ideal for vegans, individuals sensitive or allergic to soy and/or dairy, or those seeking an alternative source of quality protein. Complete Nutritional Shake features Complete Plant Protein, an all-natural pea and rice protein blend; Aminogen®, a plant enzyme that enhances protein digestibility and absorption; and Artinia® chitin-glucan, a novel fiber that supports antioxidant systems in the body. This sugar- and stevia- free formula provides an array of micronutrients, including high-potency B12, activated B vitamins, and Albion® TRAACS® chelated minerals (the real amino acid chelate system).*

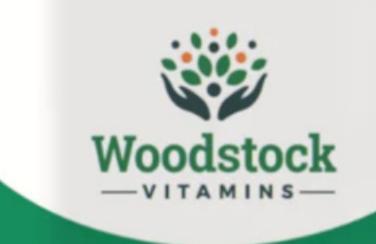
- Free of Gluten, Dairy, Lactose, and Other Common Allergens
- Non-GMO
- No Soy Protein
- No Sugar, Stevia, or Artificial Sweeteners
- Sweetened with Monk Fruit

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy protein, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or artificial preservatives





Complete **Nutritional Shake**

Sugar - & Stevia-Free!

DIETARY SUPPLEMENT

NET WT 18.77 OZ (532 C)



Supplement Facts

int Fer Serving	7604
150	
5 g	6%1
2.5 g	13%
11 g	4%1
7.0	25%
15 g	
560 mcg	62%
125 mg	139%
33.5 mg	223%
5 mg	417%
5 mg	385%
16 mg	100%
5 mg	294%
100 mcg DFE	25%
125 mcg	52089
250 mcg	833%
50 mg	1000%
9 mg	2%
45 mg	3%
3 mg	17%
25 mcg	17%
25 mg	6%
	150 5 9 2.5 9 11 9 7 9 15 9 560 mcg 125 mg 5 mg 5 mg 5 mg 16 mg 5 mg 100 mcg DFE 125 mcg 250 mcg 3 mg 45 mg

3.25 mg 30%

25 mcg 45% 0.125 mg 5% 125 mcg 357%

12.5 mcg 289 340 mg 159



Typical Amino Acid Profile Per Serving

	800 mg	Methionine	21
ne	1,610 mg	Phenylalanine	1.02
ic Acid	2,120 mg	Proline	83
	190 mg	Serine	98
nic Acid	3,110 mg	Taurine	98 50
	2,760 mg	Threonine	72
	460 mg	Tryptophan	19
cine	830 mg	Tyrosine	71
	1,550 mg	Valine	93
	4 / 19 / 19 may	11.00000	

‡This formula is not a low-calorie dietary supplement. Please see the Supplement Facts panel for more details.