

RECOMMENDED USE:

Take one serving 15 minutes before meals or as directed by your healthcare practitioner. Do not exceed three servings per day.

WARNING:

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult a physician before using this dietary supplement. Discontinue use and consult your physician if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for VitaMonk
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vita**monk**

HISTARESIST™

HELPS SUPPORT HISTAMINE
INTOLERANCE

DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	250mg	278%
Bromelain	200mg	**
Stinging Nettle Extract (<i>Urtica dioica</i>) Leaf	150mg	**
Forskolin Extract (<i>Coleus forskohlii</i>) Root (Contains 20% Forskolin)	150mg	**
Quercetin	100mg	**
Diamine Oxidase (from porcine kidney protein concentrate)	2mg	**

**Daily Value not established.

Other Ingredients: Rice Flour, Vegetable Capsule

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www.vitam Monk.com/thanks



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