

DIRECTIONS: Take one capsule once or twice daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner.

Coenzyme B-Complex contains the entire spectrum of B vitamins to support adrenal, neurological, and stress-related functions. It features activated forms of vitamins B2, B6, and B12; benfotiamine, a fat soluble, more physiologically active form of thiamin; and folate as Quatrefolic[®], which is proven to have greater stability, solubility, and bioavailability over calcium salt forms of 5-MTHF.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Woodstock
— VITAMINS —

Coenzyme B-Complex

B Complex with
Benfotiamine and Quatrefolic[®]

DIETARY SUPPLEMENT
180 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 180

	Amount Per Serving	%Daily Value
Thiamin (as thiamine HCl)	20 mg	1667%
Riboflavin (as riboflavin 5'-phosphate sodium)	20 mg	1538%
Niacin (130 mg as niacinamide and 10 mg as niacin)	140 mg	875%
Vitamin B6 (as pyridoxal 5'-phosphate)	20 mg	1176%
Folate (as Quatrefolic [®] (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	400 mcg DFE	100%
Vitamin B12 (as MecobalActive [™] methylcobalamin)	400 mcg	16,667%
Biotin	400 mcg	1333%
Pantothenic Acid (as d-calcium pantothenate)	150 mg	3000%
Choline (as choline dihydrogen citrate)	30 mg	5%
Benfotiamine	20 mg	**

** Daily Value not established.

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, and silica.



Quatrefolic[®] Quatrefolic[®] is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,662.

Professional Use Only

Manufactured in a GMP compliant facility.

MecobalActive[™] is a trademark of Ferrer Health Tech.
The active form of B₁₂

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