

Essential B-12 for Energy, Nerve & Heart Health†

A water-soluble vitamin, **B-12** is essential for proper energy metabolism, nerve and mental function, red blood cell formation, and cardiovascular health.† Offering improved absorption versus other forms, our unique ion-exchange resin protects vitamin B-12 from gastric acid of the stomach, delivering the nutrient to the small intestine where absorption takes place.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



DOUBLE ABSORPTION

B-12
500 mcg

SUPPORTS ENERGY
AND HEART HEALTH*



DIETARY SUPPLEMENT

250 Tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 250

Amount Per Serving	% Daily Value	
Vitamin B12 (as cyanocobalamin)	500 mcg	20,833%

Other ingredients: Lactose, resin, cellulose, calcium stearate (vegetable source).

Distributed by: Village Vitality LLC
Woodstock, NY 12498
woodstockvitamins.com



SUGGESTED USE: Take one tablet daily.

KEEP OUT OF REACH OF CHILDREN.

VVL 204-250N