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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



STINGING NETTLE LEAF

Urtica
dioica

ALCOHOL FREE
HAND-MADE EXTRACT

4 fl. oz.
(120 mL)

HERBAL DIETARY
SUPPLEMENT

96
SERVINGS



Supplement Facts

Serving Size: 1/4 tsp
Servings Per Container: 96

Per Serving %DV

Stinging Nettle leaf extract 1.25 ml
† (2:1) in vegetable glycerin and
distilled water.

† Daily Value (DV) not established

1 dropperful = approx. 1/8 tsp.

SUGGESTED USE: 5 drops - 1/4 tsp. Take 1-3 times daily, or as needed. **See catalog for dosage information.** **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.



WHOLE-BODY HEALTH BENEFITS*

- Soothing support for joints & muscles*
- High in naturally occurring calcium*
- Support prostate health*

The MMH Three-Leaf Promise:

Our high-standards produce nothing less than **Pure, Safe, and Effective** herbal products.

You will always feel that **We Care**—through our products, our service, and our understanding.

We Deliver On Time.



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