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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HAIR, SKIN, & NAILS GUMMIES

Essential Vitamins

WOMEN

60
GUMMIES

DIETARY
SUPPLEMENT

30
SERVINGS

GF

No
Added
Sugar

Supplement Facts

Serving Size: 2 Gummies
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrates	5 g	2%*
Vitamin A (as Retinyl Acetate)	1,200 mcg RAE	133%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D3 (as Cholecalciferol)	10 mcg	50%
Vitamin E (dl-alpha-tocopheryl Acetate)	18 mg	120%
Vitamin B6 (as Pyridoxine HCl)	2 mg	118%
Folate (as 400 mcg Folic Acid)	666 mcg DFE	167%
Vitamin B12 (as Cyanocobalamin)	8 mcg	333%
Biotin	5,000 mcg	16,667%
Pantothenic Acid (as Calcium d-pantothenate)	10 mg	200%
Iodine (as Potassium Iodide)	80 mcg	53%
Zinc (as Zinc Citrate)	5 mg	45%
Sodium (as Sodium Citrate)	10 mg	<1%

† Daily Value (DV) not established

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Maltitol, Isomalt, Glycerin, Pectin, Sodium Citrate, Natural Strawberry Flavor, Citric Acid, Vegetable Oil (with Carnauba Wax), Purple Carrot Concentrate.

SUGGESTED USE: Take 2 gummies daily. **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Keep out of reach of children. Store in a cool, dry place out of sunlight.



FULL COMPLEX + 5,000MCG BIOTIN*

- Supports healthy hair growth*
- Rich in essential vitamins*
- Promotes healthy skin & nails*

The MMH Three-Leaf Promise:

Our high-standards produce nothing less than **Pure, Safe, and Effective** herbal products.

You will always feel that **We Care**—through our products, our service, and our understanding.

We Deliver On Time.



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WARNING: Consuming this product can expose you to chemicals including lead which are known to the state of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P60Warnings.ca.gov/food