

ü relax

calming tonic'

kava ~ ashwagandha
l-theanine ~ lemon balm

mixed berry

flavored with other
natural flavors

dietary supplement

15 stick packs - 0.2 oz (6g) each / net

mixed berry

Supplement Facts

Serving Size 1 stick pack (6g)

Servings Per Container 15

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	4g	1%*
Total Sugars	0g	**
Includes 0g Added Sugars		0%
Sodium	0mg	0%
Ü Relax Blend	1150mg	
Kava Extract (root) (Piper methysticum Forst.)		**
Ashwagandha Extract (root, stem, leaf) (Withania somnifera)		**
Lemon Balm Extract (plant, aerial part) (Melissa officinalis)		**
L-Theanine		**

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established

Other Ingredients: Allulose, Citric Acid, Natural Flavors, Steviol Glycosides Reb M, Red Cabbage (for color), Silicon Dioxide, and Guar Gum.