



Supplement Facts

Serving Size: 100mg

Servings Per Container: 100

Amount Per Serving	%DV
Purified Himalayan Shilajit	100mg*

*Daily Values Not Established

SUGGESTED USE: A rice grain sized portion 1-3 times a day.

WARNING: Keep out of reach of children. If pregnant, nursing or under a doctors care for any health condition ask a physician before use.

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