

Lot No. 4313
08/27/2014 04313
3407

#1 PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND*



HIGH ABSORPTION

Magnesium

GLYCINATE

200 mg
per serving

100%
CHELATED

Gentle on the
stomach

60 CAPSULES

Supports muscle
relaxation, heart,
nerve and bone health†

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 2 capsules daily with water and a meal.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if imprinted seal under cap is broken or missing.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate less than 1 g	<1%**
Protein 2g	
Magnesium (as Magnesium Bisglycinate) 200 mg	48%

**Percent Daily Values are based on a 2,000 calorie diet.

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

OTHER INGREDIENTS:
Citric Acid, Gelatin, Water, Magnesium Stearate, Stearic Acid, Cellulose Gel, Silicon Dioxide.

DISTRIBUTED BY:
Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

Encapsulated and Quality Tested in the USA.
Made to our guaranteed purity and potency standards.
The Albion Gold Medallion design is a trademark of Balchem Corp. or Albion Labs.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.



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